Hyland Hills Park and Recreation District
ACTIVITIES GUIDE
Winter/Spring 2016-2017

DISTRICT of the YEAR!
See page 16 for more information.
Hyland Hills and an Early Christmas Present for the District

As most of you know, Hyland Hills has been working feverishly to get the Clear Creek Valley Park open and ready for its debut. We are very pleased to announce that even though it will be close, we will in fact be opening it to the public as planned late this fall.

On a project of this size and complexity we expected some delays, after all it is an 81-acre site we are trying to equip and furnish. We have had our share of equipment delays on items coming from several different states, all around the country. However, on the positive side, the weather has cooperated locally, and many Phase I final touches are being completed at the time of this writing. We have as many “hands on deck” as possible. We’ve even asked employee volunteers to help do some of the labor work such as installing signage, laying cobble stone, bricks, general clean-up, and other things, just to ensure we meet our opening schedule goals. Our staff is very excited to introduce you to the new Clear Creek Valley Park.

So, please, watch for your emailed Hyland Hills Newsletter, or check our website www.hylandhills.org for details of the actual opening activities, which we will share with you there.

On another note, the District also proudly accepted two very important awards recently. The Special District Association of Colorado, which represents hundreds of districts like Hyland Hills, honored us with the 2016 District of the Year Award, recognizing our service to the Hyland Hills community. The other award came from the World Waterpark Association which gave us the 2016 Leading Edge Award, saying we are at the top of the world’s waterpark industry in the development of creative attractions. We humbly accepted both these honors on behalf of all our residents and guests as it is our honor to serve you.

On behalf of the Hyland Hills Board of Directors, myself and our entire staff, we wish you happy and safe holidays, and we look forward to seeing you at the new Clear Creek Valley Park!

Yvonne Fischbach
Executive Director
BOARD OF DIRECTORS
The Hyland Hills Park and Recreation District Board of Directors meets on the first Tuesday of each month at 7pm at the District Administrative Offices. Additionally, a study session is held on the third Tuesday of every month, beginning at 5:30pm.

Tom Lynch ..............................................President
Lori Mirelez .....................................Vice President
Robert Landgraf Jr. .................................Treasurer
Nicholas J. McCoy .................................Secretary
Chris Dittman .............................Assistant Secretary

ADMINISTRATIVE STAFF
Executive Director ...............................Yvonne Fischbach
Administrative Counsel .........................Richard L. Fuller
Adventure Golf General Manager ..........Ken Ciancio
Communications Director .....................Joann V. Cortéz
Director of Finance ..............................Mike Tilger
Director of Golf .................................Allen Brown
District Engineer .................................Harlan Bryant
District Planner .................................Terry Barnhart
Director of Ice Centre and Water World ..Mike Shelton
Parks Superintendent ...............................Rush Calkins
Recreation Superintendent ....................Joe DeMers

If you have any suggestions or concerns, please contact one of the appropriate staff members by calling 303-428-7488.

KEY
AG Adventure Golf & Raceway
Baker Baker Community Center
CBP Carroll Butts Park
CP Carl Park Community Center
CPC Camenisch Pickleball Courts
DBG Denver Botanic Gardens
GMC@HH The Greg Mastriona Golf Courses at Hyland Hills
GC Donald E. VanArsdale Gymnastics Center
HLHS Hidden Lake High School
MAC The MAC
NRC Northglenn Recreation Center
PMC Perl Mack Community Center
RMS Ranum Middle School
SMS STEM Middle School
WHS Westminster High School

MISSION STATEMENT
The Hyland Hills Park and Recreation District’s mission is to provide the finest recreational services and park facilities.
REGISTRATION/ID CARD POLICY

HYLAND HILLS — CITY OF WESTMINSTER JOINT USE AGREEMENT

Hyland Hills Park and Recreation District and the City of Westminster entered into a reciprocal agreement on June 5, 1990 that allows residents of the two entities to enjoy expanded recreational opportunities. This includes over 120,000 residents of both entities. The agreement makes current resident identification cards issued by both entities virtually interchangeable. Residents can receive resident rates for use of facilities and programs in both Westminster and Hyland Hills. This is a valuable opportunity for residents to be able to enjoy the best and most unique recreation facilities in the country at the lowest possible cost.
3 MANERAS PARA REGISTRAR
Pago en lleno debe acompañar su inscripción
Se puede inscribir de uno de las tres maneras abajo:
1. Por teléfono: (303) 428-7488 o (303) 650-7580
   (tarjetas de crédito solamente)
2. Online: hylandhills.org
3. Personalmente:
   Perl Mack Community Center (Centro de Comunidad Perl Mack)**
   7125 Mariposa Street
   Horario de lunes-viernes, 8am-8pm; sábado-8am-1pm
Oficina de Administración-8801 N. Pecos Street
   Horario de lunes-viernes, 8am-5pm
*El horario está sujeto a cambiar sin notificación.
** Mejor accesibilidad

Inscripción empieza de inmediato si no está notado a lo contrario

DíGA TARJETA DE CRÉDITO
Puede pagar cualquier costo de un programa de recreo con su tarjeta de crédito. Todos los registrantes por teléfono se deben pagar con tarjeta de crédito VISA, Mastercard, American Express o Discover.

COSTOS PARA RESIDENTES AFUERA DEL DISTRITO
Participantes sin tarjeta de identificación de Hyland Hills o de la Cuidad de Westminster deben pagar costos adicionales para cada clase. Algunas excepciones aplicables.

PÓLIZA DE REEMBOLSO
Para recibir un reembolso se requiere un mínimo de tres días de notificación antes del empiezo de una clase. No se dará un reembolso después que empiece la clase ni tampoco entre los tres días antes del empiezo de la clase. $2 será deducido de cada reembolso o transferencia de clase. El departamento de recreo merece el derecho de cancelar o modificar clases por causa de inscripción insuficiente. Reembolso de cheque se toma aproximadamente tres semanas para procesar.

PÓLIZA DE REPONER CLASES
Se hará un intento para volver a programar las clases que hayan sido canceladas por causa de mal clima. Reembolsos y transferencias no serán garantizados si las cancelaciones no son realizadas en la fecha programada. Los horarios de clase son susceptibles a modificaciones.

PÓLIZA DE TARJETAS IDENTIFICACIÓN PARA RESIDENTES DE HYLAND HILLS
Costo: $5 cada una. Personas de 60 años o mayor: Gratis
Personas requeridas a comprar una tarjeta de identificación: edad 4 (o al menos 40 pulgadas altas) por la edad 59
Expiración de tarjeta: 2 años después de la fecha de compra
Para calificar para los precios del distrito, todos los residentes son requeridos tener una tarjeta de identificación de residente. Porque los residentes de Hyland Hills reciben una reducción sustancial de tarifas y precios, cupones y otras promociones de descuento no tienen validez con tarjetas de identificación.

CALIFICACIONES/REQUERIMIENTOS PARA UNA TARJETA DE RESIDENCIA DE HYLAND HILLS
1) Alguna persona, o su esposo, quien posee inmueble imponible, propiedad personal ubicado dentro de los limites del Distrito deberá presentar un documento de identificación segura y verificable que establece el nombre legal de la persona, tales como, licencia de conducir o tarjeta de identificación estatal, pasaporte de US o documento de identidad valido militar junto con un aviso de impuesto a la propiedad del condado Adams actual (además de que en la licencia de manejar o tarjeta de identificación muestre una dirección dentro del distrito presente).
2) Alguna persona cual sea residente del Distrito pero no tiene inmueble imponible o propiedad personal situado dentro de los limites del Distrito, deberá someter una licencia de manejar de Colorado o tarjeta de identificación de Colorado que establece el nombre legal de la persona con una dirección actual. Si la dirección mostrada en la licencia de conducir o la tarjeta de identificación no es correcta, entonces unos de los siguientes documentos dejen mostrar el nombre correcto, fecha presente, y dirección consistente en los limites del Distrito debe ser presentado; un bill de utilidad, resumen de tarjeta, talones de cheque o los ingresos salario, recibos de alquiler, factura de teléfono, el expediente académico o la boleta de calificione de una escuela acreditada, inquilinos seguros, matrículación de vehículos/título, seguro de auto o otras sustancias buenas con prueba suficiente de residencia.
3) Personas bajo 16 edad de le anos debe ser acompañado con sus padres o un guardián legal cual debe mostrar prueba de residencia.
THE GREG MASTRIONA GOLF COURSES
AT HYLAND HILLS
9650 N. Sheridan Blvd. Westminster, CO 80031
Golf Shop – 303-428-6526
Tee Times –
golfhylandhills.com
303-426-4653 (GOLF)

HOURS
Sunrise to sunset, weather permitting. No play on the courses in the winter months until the frost lifts. The practice facility is available for day and night use, weather permitting. Hours are subject to change without notice, please call 303-428-6526 for up-to-date information.

AMENITIES
• 18-hole regulation course (Gold Course)
• 9-hole regulation course (Blue Course)
• 9-hole par 3 course (North)
• 9-hole par 3 course (South)
• Lighted practice facility with four target greens
• 18,000 sq. ft. practice putting green
• Golf Shop
• Rental equipment
• Private lessons
• Restaurant and lounge

TEE TIME RESERVATIONS
1. Tee time reservation website:
golfhylandhills.com
Phone: 303-426-GOLF (303-426-4653).
2. Seven Day Advance Reservations (All Courses)
a. Weekends/Weekdays
   All golfers may reserve weekend, weekday, and holiday tee times seven days in advance, online or by telephone, beginning at 4pm.
b. Remaining Tee Times
   Any weekend, weekday or holiday tee times not reserved seven days in advance may be reserved by all golfers, either in person at the Golf Shop, online, or by calling the tee time reservation number, during normal business hours.
3. Only one tee time reservation per phone call.
4. All tee time reservation phone calls will ring directly into the Golf Shop on two phone lines. If the line is busy, the caller must redial.

SPECIALS ON THE BLUE COURSE: LADIES NIGHT OUT, WORKING MAN’S WEDNESDAYS, COUPLES NIGHT, AND KIDS PLAY FREE.
CHECK WEBSITE FOR DETAILS.

ALCOHOLIC BEVERAGES MAY NOT BE BROUGHT
ONTO THE GREG MASTRIONA GOLF COURSES AT HYLAND HILLS.

ADVANCE BOOKINGS & TOURNAMENTS
Hold a private or company tournament at Hyland Hills. For information, call Allen Brown, CGCS, Director of Golf, at 303-650-7557, or email abrown@hylandhills.org

GOLF FEES
\[
\begin{array}{|c|c|c|c|}
\hline
& Gold & Blue & South & North \\
\hline
18-hole & $29 & $16 & $8 & $5 \\
9-hole & $41 & $22 & $10 & $6 \\
Par 3 & $15 & $8 & $4 & $4 \\
Par 3 & $12 & $6.50 & $6 & N/A \\
Cart Rental (per rider) & $15 & $8.50 & $8 & N/A \\
\hline
\end{array}
\]
(Prices are subject to change.)
Gift Cards available for green fees, merchandise, and golf lessons. Pull cart and golf club rentals available.

DRESS CODE
Appropriate golf attire is required and includes sleeved shirts and proper length shorts. Gym wear, sweats, and cut-offs are not allowed. Dress deemed inappropriate by the management will not be allowed.

ETIQUETTE
• Please check in and pay cashier at least 10 minutes before tee time.
• When play is completed, players must leave the putting green immediately and continue to next hole.
• Rake all sand traps.
• Replace all divots.
• Repair all ball marks and spike marks on greens.
• Please keep all carts on paths or at least 30 feet away from greens and tee boxes.

GOLF LESSONS
INDIVIDUAL LESSONS
1 person 45 Min. $70 per person
2 people 45 Min. $46 per person
3 people 60 Min. $44 per person
4 people 60 Min. $42 per person
5 or more people 60 Min. $40 per person

SERIES OF 5 LESSONS
1 person 45 Min. $280 per person
2 people 45 Min. $230 per person
3 people 60 Min. $220 per person
4 people 60 Min. $210 per person
5 or more people 60 Min. $200 per person

PLAYING LESSONS
18 Holes $280 per person
9 Holes $140 per person
5 Holes $70 per person

PEE WEE GOLF LESSONS
1 Child 30 Min. $20
TEACHING STAFF
Val Heim III, PGA Professional
Joe Chavez, PGA Apprentice Professional
Isamarie Willholte, PGA Apprentice Professional

The Greg Mastriona Golf Courses at Hyland Hills private lesson program will benefit students at any level, tailoring to the needs of every individual student. Beginning players will learn the necessary fundamentals entailed in a correct golf swing. They will also learn pitching, chipping, putting techniques, basic rules and etiquette. Advanced players can improve their games by refining their swing mechanics while fine-tuning areas such as short game, bunker play and course management.

FOR SCHEDULING LESSONS, CALL (303) 428-6526.

HYLAND HILLS CLUBS

Men’s Club: hylandhillsmensclub.com
Senior’s Club: hylandhillsseniorgolf.com
18 Hole Ladies Club: ghin.com/eclubhouse/eclubhome.aspx?cid=922
9 Hole Ladies Club: ghin.com/eclubhouse/eclubhome.aspx?cid=871
S Par 3 Ladies Club: pdoelling@comcast.net …………………… 303-438-5756

GOLF COURSE PRACTICE FACILITY

Located south of the golf courses, the practice facility features five grass tiers and one tier with mats (for off season/wet conditions) and three practice sand traps. In addition, the facility is fully lighted for after-dark use and features four regulation target greens at 120, 175, 215 and 265 yards. Hours: Weather permitting

ATTENTION RESIDENTS:

Hyland Hills Resident ID cards are required to receive a resident rate.
Cost: $5 (good for two years)
How to get a Resident ID card:
• Go to either the Hyland Hills Administration Office, 8801 N. Pecos Street, or the Perl Mack Community Center, 7125 Mariposa Street.
• Show your proof of residency: Colorado Driver’s License or Colorado Identification card.
  If your address is different on your license or ID card a piece of mail with your name, and current address is required.
• Mail that qualifies: Utility bill; credit card statement; pay stub or earnings statement; rent receipt; phone bill; transcript or report card from an accredited school; bank statement; mortgage document; tax document; homeowners/renters insurance policy; vehicle registration/title; auto insurance or other good and sufficient proof of residency.

Let The Good Times Roll!

FREE SMALL BUCKET OF RANGE BALLS!
(Please present coupon)

HYLAND HILLS PLAYER PASSES - THE BEST VALUE IN GOLF!

<table>
<thead>
<tr>
<th>Pass</th>
<th>Cost</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Platinum Plus</td>
<td>$625</td>
<td>Includes 24 rounds of golf on the Gold course, two 18-hole half cart rentals, two day passes to Water World and two miniature golf rounds at Adventure Golf &amp; Raceway. (Value $1119)</td>
</tr>
<tr>
<td>Platinum Player Pass</td>
<td>$350</td>
<td>Includes 12 rounds of golf on the Gold course, one day pass to Water World and one round at Adventure Golf &amp; Raceway. (Value $574)</td>
</tr>
<tr>
<td>Gold Player Pass</td>
<td>$180</td>
<td>Includes 6 rounds of golf on the Gold course and a one day pass to Water World. (Value $290)</td>
</tr>
<tr>
<td>Silver Player Pass</td>
<td>$195</td>
<td>Includes 6 rounds of golf on the Blue course, one day pass to Water World and one round at Adventure Golf &amp; Raceway. (Value $316)</td>
</tr>
<tr>
<td>Bronze Player Pass</td>
<td>$100</td>
<td>Includes 12 rounds of golf on the South Par-3 course and one round at Adventure Golf &amp; Raceway. (Value $149)</td>
</tr>
<tr>
<td>Copper Player Pass</td>
<td>$80</td>
<td>Includes 12 rounds of golf on the South Par-3 course and one round at Adventure Golf &amp; Raceway. (Value $128)</td>
</tr>
</tbody>
</table>

Rules and Restrictions

Passes are valid seven days a week through 12/31/17. Passes may be used for all Hyland Hills Club events, but are NOT valid for outside tournament events. Passes are non-refundable, have no cash value, and cannot be replaced if lost or stolen. Passes do not guarantee tee time availability. Passes are transferrable and can be used for multiple players during the same tee time.
JOIN US THIS MARCH AS WE OPEN FOR THE 2017 SEASON!

Featuring 54 holes of family fun, Adventure Golf boasts one of the most exceptional and creative miniature golf course layouts in the nation.

**GENERAL PRICING**

**Adventure Golf:**
- Adults (13 and over) ........................................ $8.25
- Children (4 to 12) ........................................... $6.95
- Senior (60 and over) ....................................... $6.95
- Tot (3 and under) ................................................ Free

**Additional Rounds:**
- 2nd Round ..................................................... $4.00
- 3rd Round ...................................................... $3.00

**Go-Karts:**
- Driver ................................................. $6.95/person
- *Driver of a Single Go-kart must be 50” tall to drive
- Passenger .......................................................... Free
- *Passenger must be 36” tall and driven by a Driver who is 16 years of age or older

**Bumper Cars:**
- Driver ................................................. $5.75/person
- *Must be at least 44” tall to drive

**Adventure Ropes Course:**
- Rope Course ................................................... $8.25
- *Must be at least 48” tall to participate
- Jr. Rope Course ................................................ $6.95
- *Must be 44”- 47” tall to participate

**Adventure Maze:**
- Maze (4 and over) .......................................... $5.75

**ADVENTURE PACKS**

- **Ultimate Adventure:**
  - Unlimited Go-Karts, Unlimited Golf, Bumper Cars, Ropes Course and Maze ..... $29.95/person
  - Buy online at adventuregolfandraceway.com and save!

- **Create Your Own Adventure:**
  - Pick from any single attraction – Mini Golf, Go-Kart, Bumper Car, Ropes Course or Maze
  - Pick Any 2 ........................................ $11.95/person
  - Pick Any 3 ........................................ $15.95/person
  - Pick Any 5 ........................................ $19.95/person

**For Resident rates, please check our website:**
adventuregolfandraceway.com

**HOLIDAY LIGHTS**

**MINI GOLF**

<table>
<thead>
<tr>
<th>Nov 4 to Dec 11</th>
<th>Dec 15 to Jan 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday-Sunday: 5:30pm-9pm</td>
<td>Open Daily: 5:30pm-9pm</td>
</tr>
</tbody>
</table>

**Individual Rates**

<table>
<thead>
<tr>
<th>General Admission</th>
<th>Resident Admission</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (13+)</td>
<td>$10</td>
</tr>
<tr>
<td>Child (4-12)</td>
<td>$ 8</td>
</tr>
<tr>
<td>Senior (60+)</td>
<td>$ 8</td>
</tr>
<tr>
<td>Tot (3 &amp; Under)</td>
<td>FREE</td>
</tr>
</tbody>
</table>

**Group and Party Rates**

<table>
<thead>
<tr>
<th>Group and Party Rates</th>
<th>$8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (13+)</td>
<td></td>
</tr>
<tr>
<td>Child (4-12)</td>
<td></td>
</tr>
<tr>
<td>Senior (60+)</td>
<td></td>
</tr>
<tr>
<td>Tot (3 &amp; Under)</td>
<td></td>
</tr>
</tbody>
</table>

**Please join us at Adventure Lights**

- Thousands of colored lights over interesting theming
- 54 unique holes all dressed for the holidays
- Three courses of miniature golf, weather permitting
- Woody, the giant talking tree
- Erupting volcano
- Booming, fireball-spewing Polynesian temple structure
- Hot chocolate & s’mores, adult beverages for those 21 and older
- and many more surprises!

**TURN YOUR PARTY INTO AN ADVENTURE IN FUN AT OUR SPECIAL EVENT PAVILIONS!**

For corporate events, company picnics, day camps, church groups, scout troops, family outings or reunions, birthdays or even an FAC, nothing on the Front Range compares to an event at Adventure Golf and Raceway.

We have made a significant investment in our enclosed special event pavilion. Perfect for company teambuilding, birthdays and other special events. It offers a private area that special day with all the amenities you can imagine!

303-650-7596
agargroups@hylandhills.org

**ADVENTUREGOLFANDRACEWAY.COM**
JOIN OUR 2017 TEAM!

Water World job applications will be available beginning early February!

Apply online at waterworldcolorado.com

Special Offer!

GROUPS SAVE $2.00 PER PERSON WHEN THEY BOOK BY JANUARY 31, 2017.

Please call 303-650-7628

Water World, America’s biggest Family Water park, with over 50 aquatic attractions on 70 acres, is better than ever.
WINTER PUBLIC SKATING HOURS
November 1st, 2016 – February 28th, 2017

- Mondays ........ No public skating
- Tuesdays .......... No public skating
- Wednesdays .... 4:15pm-5:30pm ** Cheap Skate
- Thursdays ....... No public skating
- Fridays .......... 7:30pm-9:45pm
- Saturdays ...... 10:15am-11:30am ** Cheap Skate
- 1:30pm-3:30pm
- 7:30pm-9:45pm
- Sundays .......... 1:30pm-3:30pm

Additional public skating times will be added over Thanksgiving week from November 21st–November 25th and Winter Break from December 19th–January 1st. Please visit our website for more information.

PLEASE NOTE THE FOLLOWING EXCEPTIONS:
- The Ice Centre will be closed Sunday, December 25th for Christmas.
- Saturday Cheap Skate session is only held when Saturday group lessons are in session.

SPRING PUBLIC SKATING HOURS
March 1st, 2017 – May 21st, 2017

- Mondays ........ No public skating
- Tuesdays .......... No public skating
- Wednesdays .... 4:15pm-5:30pm ** Cheap Skate
- Thursdays ....... No public skating
- Fridays .......... 7:30pm-9:00pm
- Saturdays ...... 10:15am-11:30am ** Cheap Skate
- 1:30pm-3:00pm
- 7:30pm-9:00pm
- Sundays .......... 1:30pm-3:00pm

PLEASE NOTE THE FOLLOWING EXCEPTIONS:
- The Ice Centre will be closed on Sunday, April 16th for Easter and Sunday, May 14th for Mother’s Day.
- Saturday Cheap Skate session is only held when Saturday lessons are in session.
- Please visit icecentre.com for the most up to date public skating session times.

ADMISSION PRICES:
- Resident ..................................................... $5.00
- Non-Resident .............................................. $6.00
- Age 4 and under with a paying adult ........ $1.00
- All Cheap Skate Sessions .................. $3.00
- Skate Rental .................................................. $3.50
- Skate Aids ................................................... $5.00

Current and valid Hyland Hills or City of Westminster Recreation ID card must be presented to receive resident rates.

Please note: All sessions are subject to cancellation or adjustment if deemed necessary.

BIRTHDAY PARTIES AT THE ICE CENTRE

Come celebrate your birthday here at the Ice Centre at the Promenade! Birthday parties are offered during our regular public skating session times and we offer 3 party packages to choose from that include up to 10 skaters (additional skaters may be added). Book your party today online with just a $50.00 deposit at icecentre.com.

SKATING LESSONS

The Ice Centre at the Promenade skating lessons are a great place to start for any aspiring hockey player or figure skater. Lessons are offered for age 4 up through adults and classes meet once a week for 6-weeks (or 5-weeks depending on the session) for a 30-minute lesson with additional practice time during a scheduled public skating time. Lessons are offered Wednesday early evenings or Saturday mornings. Online registration is now available through our website at icecentre.com.

Learn to Skate with Us Lessons – Our Learn to Skate with Us program follows the curriculum of the Learn to Skate USA Program (formally known as the USFSA Basic Skills Program). Lessons are available for all levels and abilities and are taught by qualified professional skating instructors.

Junior Jags Ice Hockey Lessons — The Hyland Hills Hockey Association has teamed up with our Learn to Skate with Us program offering hockey lessons. The hockey lessons are available during the same time as our Learn to Skate lessons but are designed to teach your child hockey specific skill development. It is recommended for any new skaters to first complete one beginner class in the Learn to Skate program prior to enrolling into the hockey lessons. Helmet, gloves and a stick are needed for the lesson.

WINTER (6-WEEK SESSION)
January 4th – February 11th, 2017

- Wednesdays 5pm-5:30pm or 5:35pm-6:05pm with practice time from 4:15pm-5:30pm
- Saturdays 10am-10:30am or 10:35am-11:05am with practice time from 10:15am-11:30am

SPRING 1 (5-WEEK SESSION)
February 15th – March 25th, 2017
(no class on March 15th or March 18th)

- Wednesdays 5pm-5:30pm or 5:35pm-6:05pm with practice time from 4:15pm-5:30pm
- Saturdays 10am-10:30am or 10:35am-11:05am with practice time from 10:15am-11:30am

SPRING 2 (6-WEEK SESSION)
April 5th – May 20th, 2017
(no class on April 19th or April 22nd)

- Wednesdays 5pm-5:30pm or 5:35pm-6:05pm with practice time from 4:15pm-5:30pm
- Saturdays 10am-10:30am or 10:35am-11:05am with practice time from 10:15am-11:30am

6-WEEK SESSION FEE:
- $60.00 Resident, $70.00 Non-Resident
5-WEEK SESSION FEE:
- $50.00 Resident, $60.00 Non-Resident

Skate Rental is $2.00 per lesson – may be paid up front at time of registration.
There is an annual registration fee of $12.00 for registration with Learn to Skate USA (formally known as USFSA Basic Skills Program). This fee includes a supplemental insurance policy, record book and a Learn to Skate USA magazine. This fee will be applied to any new skater enrolling in our lessons or any skater that is due for their renewal for the Learn to Skate USA membership. We will be taking registrations for the 2016-2017 membership year.

PLEASE NOTE** Class times may be moved, combined or cancelled due to enrollment numbers. Also, if classes are cancelled due to weather or circumstances beyond our control every attempt will be made to reschedule these classes. If rescheduling is not possible there will not be a class offered as a make-up and refunds will not be issued.

YOUNG CHAMPIONS ON ICE – BRIDGE PROGRAM
This is a supplemental figure skating group class program that introduces the enthusiastic Basic Skills Learn-To-Skate skater to additional skills, training and additional events such as Basic Skills competitions, exhibitions, ice shows and introductory private lesson packages all at an affordable cost. The program is very informative for the parent new to the sport of figure skating and acts as a prerequisite to the competitive figure skating program. For more information, please visit the Ice Centre website and select Young Champions on Ice or email YoungChampionsOnIce@gmail.com.

COMPETITIVE FIGURE SKATING PROGRAM
The Ice Centre offers an extensive schedule of freestyle sessions that can accommodate beginner skaters new to our competitive program all the way up to national level skaters. Skaters involved in our competitive program are encouraged to arrange for private lessons taught by our professional coaching staff. Please visit our website for a complete schedule of our freestyle sessions.

THE ROCKY MOUNTAIN FIGURE SKATING CLUB
The Rocky Mountain Figure Skating Club is a volunteer run organization established in 1978 as a member club within the United States Figure Skating Association. The USFSA provides guidelines and rules for testing and competitions which promote figure skating from the beginner level through Olympic competitors. When skaters reach the point where they are ready to begin taking their USFSA tests, it is necessary for them to become a member of the USFSA. The Rocky Mountain Figure Skating Club is the home club representing the USFSA at the Ice Centre in Westminster. For additional information, visit their website at rmfsc.org or email the RMFSC President at president@rmfsc.org.

HYLAND HILLS HOCKEY ASSOCIATION
The Ice Centre is the home of the Hyland Hills Jaguars, a complete program for players from ages 4 through 17 years old. They are a sanctioned member of USA Hockey and the Colorado Amateur Hockey Association (CAHA). Members participate in team practices, league scheduled games, and tournaments both in-state and out-of-state. The Association also offers an initiation program that emphasizes beginner skills at the younger age levels. For more information, visit their website at hhha.org or call (720) 240-4691.

ADULT HOCKEY
The Ice Centre Adult Hockey League is one in which a fun, recreational experience is the highest priority. We offer a Fall/Winter Adult league as well as a Summer league. We are currently in the middle of our Fall/Winter league with 110 teams participating. Throughout the season individual openings may occur. Please visit our website at icecentre.com and select the Adult Hockey section for information on the leagues, schedules, fees and online registration. Players can sign up with a team or as a free agent.

The Ice Centre adult hockey program offers five different league levels:
- A: Elite, highly competitive
- B: Advanced
- C: Intermediate and Recreational
- D: Recreational and Beginners
- O30: Over 30 years old
- O40: Over 40 years old

For more information, please contact the Adult Hockey Department by email at adulthockey@hylandhills.org or by phone at 303-469-2100 ext 21.

WE HAVE EVEN MORE TO OFFER....
Visit our website to find out information on sponsorships, ice rentals, our pro shop, drop in hockey, Stick N Puck times, Hockey 101 and much, much more!

JOIN CHIPPY’S TUXEDO CLUB
Visit our website and sign up today! Ice Centre Tuxedo Club members get advance notice of deals, discounts and news delivered right to their inbox!
INSTRUCTIONAL PROGRAMS

WINTER/SPRING SESSIONS:
Session I:
January 9-February 25
(Classes will be held on Martin Luther King, Jr. Day and President’s Day.)
Session II:
February 27-April 15
Session III:
April 17-June 5
No class Memorial Day (Sat classes 6 wk session date TBA)
Session Fee: Resident/Non-Resident
45 min. class $53/$58
1 hr class $58/$63
1 ½ hr class $65/$70
2 hr class $73/$78
Registrations received after the first week of each session will be assessed a $10 late fee.

Call 303-650-7580 or 303-428-7488 to register and secure your spot in class.

DANCE AND COMBO CLASSES

COMBO - ROLY POLY & CREATIVE MOVEMENT #223175
Enjoy 45 minutes of creative movement class and 45 minutes of gymnastics class with a 15 minute break in between classes.
Ages: 3-4
M 4pm-5:45pm

COMBO - TUMBLE BUGS & PRE-BALLET #231775
Enjoy 1 hour of gymnastics class, then 45 minutes of Pre-Ballet dance class!
Ages: 5-6
M 4pm-5:45pm
F 3pm-4:45pm

GYM, LEARN & STORY TIME #244232
Children will have fun, explore movement in gymnastics, songs, and dance, all while developing social skills. We are learning while moving! Child must bring a snack and drink to each class.
Ages: 3-5 (must be 3 by 1st class)
M 9:30am-11:30am
TH 9:30am-11:30am

PRE-BALLET #244233
Learn Ballet basics and the fun of dance movement.
Ages: 5-7
M 5pm-6:45pm
F 4pm-5:45pm

CREATIVE MOVEMENT #244237
Have fun exploring movement with dance and creative props.
Ages: 3-4
M 4pm-4:45pm

HIP HOP #244238
Let’s get funky! An awesome way to make friends, have fun and learn new dance moves. Work on a routine, which we’ll perform during the last class.
Ages: 6-16
W 5pm-5:45pm

DANCE AND GYMNASTICS #244230
Learn to put dance and gymnastics together. Improve strength, flexibility and grace in this fun class in which you’ll spend 45 minutes doing a variety of dance and 45 minutes doing gymnastics.
Ages: 4-7
T 4pm-5:30pm
Ages: 8-12
T 4pm-5:30pm

CHEER AND GYMNASTICS #244235
Learn cheer technique, stunting, and basic cheerleading. In this class you will spend 45 minutes doing cheer and 45 minutes doing gymnastics.
Ages: 4-7
TH 4pm-5:30pm
Ages: 8-12
TH 4pm-5:30pm

CHEER AND Tumbling #244236
Middle school and/or high school girls currently involved in, or with an interest in, cheer and tumbling.
Ages: 13-18
TH 7pm-8pm

WINTER BREAK CAMP #121310
Three gymnastics-filled days during Winter Break. All levels welcome. Bring a drink, lunch and light snack.
Ages: 7-14
Fees: $25/$30 daily, $55/$60 all three days
Date Day Time Loc
Dec 28-30 W-F 9:30am-3:30pm GC

GYMNASTIC BIRTHDAY PARTIES!
A party includes an hour of organized and supervised gymnastics activities, an hour in the party room for opening gifts and serving cake and ice cream. You must supply your own refreshments and paperware. The party room is available to you for the entire two hour reservation (weekend reservations only). To make arrangements, contact the Gymnastics office at 303-650-7626.
$9/child with minimum cost of $72.
(Must pay for 8 children minimum, 20 children maximum.

Book an event for your group!
• Cheerleading Squads • Daycare Facilities • Dance Teams
• Playgroups • Fieldtrips • Home Schools
To schedule an event for your group, contact the Gymnastics office at 303-650-7626.

CREATIVE MOVEMENT #244237
Have fun exploring movement with dance and creative props.
Ages: 3-4
M 4pm-4:45pm

HIP HOP #244238
Let’s get funky! An awesome way to make friends, have fun and learn new dance moves. Work on a routine, which we’ll perform during the last class.
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Ages: 7-14
Fees: $25/$30 daily, $55/$60 all three days
Date Day Time Loc
Dec 28-30 W-F 9:30am-3:30pm GC

GRANTS AVAILABLE FOR QUALIFYING YOUTH PROGRAMS
SEE PAGE 32 FOR MORE INFORMATION.
INSTRUCTIONAL CLASSES

PARENT-TOT TUMBLING #223100
(WALKING TO 4 YRS)
The parent assists their child throughout the class.
M 11:15am-Noon
T 10:15am-11am
W 10am-10:45am
F 11:15am-Noon
SA 10am-10:45am

ROLY-POLY GYMNASTICS #223110
(3 AND 4 YRS)
The child participates without a parent in the class.
M 12:15pm-1pm
M 5pm-5:45pm
T 11:15am-Noon
W 1am-11:45am
W 4pm-4:45pm
W 6pm-6:45pm
TH 6pm-6:45pm
F 10am-11am
F 3pm-4pm
SA 11am-11:45am

HIGH SCHOOL GYMNASTICS #223150
(13-18 YRS) Must be 13 by first class of the session.
Girls currently involved in or with an interest in High School gymnastics.
TH 6pm-8pm

COMPETITIVE TEAM LEVELS:
Fun and team camaraderie emphasized! Team is year-round practice with a small summer and winter break. Winter Break will be Dec. 22nd – January 3rd. Team starts on January 4th after Winter Break. The monthly fee is due by the 1st of each month, a late fee of $10.00 will be assessed if the fee is not paid by the 5th (gymnast will not be eligible to practice as of the 6th, until registration is complete). Call 303-650-7580 to register. Established team members may register online.

GIRLS XCCEL LEVEL 2 #523101
(Coach’s permission required to join.) This is an entry level to the Gymnastics arena, using basic skill level for entry level routines. Make friends and enjoy belonging to a team!
M, 4pm-6pm and/or TH 4pm-6:15pm, 1 day/week/month: $55/$60
(TH, preferably 1 day) 2 days/week/month: $70/$75

GIRLS XCCEL LEVEL 3 #523102
(Coach’s permission required to join.) Gymnasts will learn and compete in compulsory routines which contain higher level connections and skills.
T, 4pm-6:15pm and TH 4pm-6:15pm, $70/$75 per month

GIRLS XCCEL LEVEL 4 #523103
(Coach’s permission required to join.) Gymnasts will learn and compete in more difficult compulsory routines that enhance their all around gymnastics skill levels. Determination and dedication are characteristics at this level! Must attend two days per week.
W, 4:30pm-7pm, and F, 4pm-7pm (T 4pm-6:15pm if numbers are met, TBD) $80/$85 per month

GIRLS CARA OPTIONSAL #523104
(For current registered USAG members only.) Gymnasts will learn individually choreographed routines for competition, showcasing their best events while perfecting previous skills and learning new skills to advance to the highest level of gymnastics!
M/W 5:30pm-8:30pm, two days, $90/$95 monthly
F (3rd day) 5pm-8pm, three days, $115/$120 monthly (USAG members required to attend three days)

BOYS CARA TEAM #523106
(For current registered USAG members only.) A fun way to gain strength, agility, flexibility and to experience the competitive gymnastics arena, while being part of a team!
M 6pm-8pm and F 4pm-7pm, two days $85/$90
F 4pm-7pm, one day $65/$70

Visit hylandhillsathletics.com
for additional team information
## ADULT LEAGUES

**ADULT INDOOR SOCCER***

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Leagues</th>
<th>Games</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>T</td>
<td>6pm-12am</td>
<td>Coed Rec.</td>
<td>8</td>
<td>$625</td>
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<tr>
<td>T</td>
<td>6pm-12am</td>
<td>Women’s Rec.</td>
<td>8</td>
<td>$625</td>
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<tr>
<td>W</td>
<td>6pm-12am</td>
<td>Coed Comp.</td>
<td>8</td>
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<td>W</td>
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<tr>
<td>TH</td>
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<td>Men’s Comp.</td>
<td>8</td>
<td>$625</td>
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<tr>
<td>TH</td>
<td>6pm-12am</td>
<td>Men’s Rec.</td>
<td>8</td>
<td>$625</td>
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<td>F</td>
<td>6pm-12am</td>
<td>Men’s Rec.</td>
<td>8</td>
<td>$625</td>
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<td>6pm-12am</td>
<td>Coed Rec.</td>
<td>8</td>
<td>$625</td>
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<tr>
<td>SU</td>
<td>Noon-12am</td>
<td>Coed Comp.</td>
<td>8</td>
<td>$625</td>
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<tr>
<td>SU</td>
<td>Noon-12am</td>
<td>Coed Rec.</td>
<td>8</td>
<td>$625</td>
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</table>

**MEN’S INDOOR 7v7 FLAG FOOTBALL LEAGUES***

<table>
<thead>
<tr>
<th>Start Date</th>
<th>Day</th>
<th>Time</th>
<th>League</th>
<th>Games</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>Jan 14</td>
<td>SA</td>
<td>Noon-12am</td>
<td>Men's</td>
<td>7</td>
<td>$675</td>
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<tr>
<td>Jan 16</td>
<td>M</td>
<td>6pm-12am</td>
<td>Men's</td>
<td>7</td>
<td>$675</td>
</tr>
<tr>
<td>Mar 4</td>
<td>SA</td>
<td>Noon-12am</td>
<td>Men's</td>
<td>7</td>
<td>$675</td>
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<tr>
<td>Mar 6</td>
<td>M</td>
<td>6pm-12am</td>
<td>Men's</td>
<td>7</td>
<td>$675</td>
</tr>
</tbody>
</table>

**BASEBALL/SOFTBALL**

Indoor training facility available. Individual and team rentals. $25/hour. Please call 303-650-7672 for more information and reservations.

* Registration not yet offered online.

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## PEE WEE YOUTH LEAGUES

### KNEE KNOCKER SOCCER #212100

This successful program is aimed at teaching dribbling, trapping, shooting, and other fundamental skills of soccer. Instruction is followed by non-competitive games. We do encourage parent involvement.

**Ages:** 5-6  
**Fee:** $40 Resident/ $45 Non-Resident (includes t-shirt)

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<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Loc</th>
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<tbody>
<tr>
<td>Apr 8-May 13</td>
<td>SA</td>
<td>9am-9:45am</td>
<td>CBAP</td>
</tr>
</tbody>
</table>

### PEE WEE KICKERS #212200

This is a fun learning experience for child’s first time in soccer. Basic motor skills are taught with a fun emphasis. Parent involvement is highly recommended.

**Ages:** 3-4  
**Fee:** $40 Resident/$45 Non-Resident (includes t-shirt)

<table>
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<th>Date</th>
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<th>Loc</th>
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</thead>
<tbody>
<tr>
<td>Apr 8-May 13</td>
<td>SA</td>
<td>10am-10:45am</td>
<td>CBAP</td>
</tr>
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</table>

### PEE WEE T-BALL #212300

This is a fun learning experience for child’s first time in T-Ball. Basic motor skills are taught with a fun emphasis. All participants need to bring their own baseball mitt. Parent involvement is highly recommended.

**Ages:** 3-4  
**Fee:** $40 Resident/$45 Non-Resident (includes t-shirt)

<table>
<thead>
<tr>
<th>Date</th>
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<th>Time</th>
<th>Loc</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr 8-May 13</td>
<td>SA</td>
<td>11am-11:45am</td>
<td>CBAP</td>
</tr>
</tbody>
</table>

See pages 21-24 for more youth sports.

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**GRANTS AVAILABLE FOR QUALIFYING YOUTH PROGRAMS**  
See page 32 for more information.
PERL MACK COMMUNITY CENTER
7125 Mariposa Street Denver, CO 80221
303-650-7580 or 303-428-7488

PERL MACK FACILITY HOURS:
M-F: 8am-8pm; SA: 8am-1pm
Holiday closures: Dec 26 and Jan 2

FACILITY FEATURES:
• Weight Room
• Fitness Studio
• Spacious Multi-Purpose Ballroom for Events
• Kitchen
• Licensed Preschool
• After School Recreation Club

Best accessibility

A variety of recreational classes for adults and children including:
• SilverSneakers Classes
• Arts & Crafts Classes
• Dance Classes
• Fitness & Wellness Classes
• Weight & Personal Training Programs
• Canvas Painting Parties

EVENT VENUE INFORMATION
PERL MACK-MARIPOSA ROOM
RENTAL FEES
Non-Alcohol Deposit .................................. $150
Non-Alcohol Hourly Fee .............................. $80
Deposit with Alcohol ................................. $300
With Alcohol Hourly Fee ............................. $125

ALL EVENTS NEED TO END NO LATER THAN 11pm.
Perl Mack Community Center is available for events. The
Mariposa room has many wonderful features including artistic
lighting and an attached kitchen with granite countertops,
double ovens and much more. It can accommodate
up to 200 people and is perfect for wedding
receptions, graduation parties, quinceneras,
conferences or any special event for a large group
of people.

CARL PARK COMMUNITY CENTER
5401 Meade Street Denver, CO 80221
303-650-7580 or 303-428-7488

ALL EVENTS NEED TO END NO LATER THAN 11pm.
This bright and sunny community center can host your special
event. It features 2,300 square feet and can accommodate a
group up to 75 people. This community hall has a beautiful
216 square foot catering kitchen. It can accommodate
up to 75 people and is perfect for small wedding
celebrations, graduation parties, quinceneras,
conferences and special events. Please contact our
friendly staff to help create the ultimate gathering.

EVENT VENUE INFORMATION
CARL PARK ROOM
RENTAL FEES
Non-Alcohol Deposit .................................. $150
Non-Alcohol Hourly Fee .............................. $50
Deposit with Alcohol ................................. $300
With Alcohol Hourly Fee ............................. $125

For more information on Carl Park Community Center or Perl Mack Community Center
Call 303-428-7488 or 303-650-7580. Make your reservations now! Please see information or fill out
the Facility Use Form on our website hylandhills.org, under Facility Rentals.
FREE CONCERTS
WONDERFUL WEDNESDAYS

FREE concerts for the public. These events are sponsored in part by North Metro Arts Alliance, the Scientific and Cultural Facilities District through the Adams and Jefferson County Cultural Councils.

ERIC WEST
Date  Day  Time  Loc
Feb 8   W  10am  PMC

WICK SCHOOL OF IRISH DANCE
Date  Day  Time  Loc
March 8  W  10am  PMC

AZTEC DANCERS
Date  Day  Time  Loc
May 10  W  10am  PMC

FAMILY/SPECIAL EVENTS

HYLAND HILLS EASTER EGG HUNT
The Easter Bunny will bring thousands of eggs and candy to Carroll Butts Park to celebrate the Easter Holiday. Bring your Easter basket to hold all your goodies!
Ages: 8 & under
Date  Day  Time  Loc
Apr 15  SA  10am  CBP

DISNEY ON ICE PRESENTS DREAM BIG
Enter the dazzling world of Disney magic, live on ice! Enter a world where adventure is awaiting and courage leads the way at Disney On Ice presents Dream Big.
Ages: 3 and older
Fee: $17 per ticket (transportation included)
Date  Day  Time  Loc
Apr 7  F  11am  Pepsi Center

MOTHER DAUGHTER TEA “FAIRY GARDENS”
A special day for Moms and daughters. We are theming the event “Fairy Gardens”. You may come dressed as you please but it is fun to dress up a little for this event. Our craft for the event will be creating a fairy garden. Tea, lemonade and cookies will be served.
Ages: 5 and older
Fee: $12
Date  Day  Time  Loc
Apr 29  SA  10am-noon  PMC

MISSOULA CHILDREN’S THEATRE - SAVE THE DATE
The Residency will be June 5-10 at Westminster High School. This production is part of the Missoula Children’s Theatre’s unique international touring project.
Ages: 6-17 yrs
Fee: Free to participate

HOLIDAY LIGHTS MINI GOLF
Nov 4 to Dec 11
Thursday-Sunday: 5:30pm-9pm
Dec 15 to Jan 1
Open Daily: 5:30pm-9pm
Closed Christmas Eve and Christmas Day

<table>
<thead>
<tr>
<th>Individual Rates</th>
<th>Group and Party Rates</th>
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</thead>
<tbody>
<tr>
<td>General Admission</td>
<td>Resident Admission</td>
</tr>
<tr>
<td>Adult (13+)</td>
<td>$10  $9</td>
</tr>
<tr>
<td>Child (4-12)</td>
<td>$ 8  $7</td>
</tr>
<tr>
<td>Senior (60+)</td>
<td>$ 8  $7</td>
</tr>
<tr>
<td>Tot (3 &amp; Under)</td>
<td>FREE FREE</td>
</tr>
</tbody>
</table>

Call 303-650-7596 for info. Parties of 10 or more. Not valid on resident rate. Cannot be combined with any other discount, offer, group rate or Northern Lights ticket. Expires 1/1/17. Coupon code 917.

$2 OFF

GENERAL ADMISSION
Not valid on resident rate. Cannot be combined with any other discount, offer, group rate or Northern Lights ticket. Expires 1/1/17. Coupon code 917.

9650 N. SHERIDAN BLVD. (303) 650-7587
adventuregolfandraceway.com
54 HOLES OF MINI GOLF • 100,000 LIGHTS • A DAZZLING NEW HOLIDAY TRADITION!
Hyland Hills Preschool Information

7125 MARIPOSA STREET, DENVER, CO 80221
(303) 650-7580 OR (303) 428-7488
(303) 650-7657 (INFORMATION)
FAX: (303) 650-7625

PRESCHOOL REGISTRATION FOR THE 2017–2018 SCHOOL YEAR BEGINS FEBRUARY 6, 2017

The Hyland Hills Preschool is a licensed preschool and exists to provide a safe, developmentally appropriate environment for preschool children. Our focus is to provide a stimulating early care and education experience which promotes each child’s social/ emotional, physical and cognitive development. Our goal is to support children’s desire to be life-long learners.

CLASS INFORMATION

These programs teach social skills, physical, language, cognitive, literacy, mathematics, science and arts.

3 YEAR OLD CLASSES:

4 DAY A WEEK CLASS (CPP GRANTS AVAILABLE)
Children must be 3 years old by October 1, 2017. This program encourages the child to develop their learning skills with age appropriate materials. Social interaction, motor skills, numbers, letters and literature.

517699 M-TH 8:45am-11:30am $120/$125 monthly

3 1/2 YEAR OLD CLASSES:

4 DAY A WEEK CLASS (CPP GRANTS AVAILABLE)
Children must be 3 years old by April 1, 2017. This program will add to the child’s existing knowledge, provide challenging activities; develop social skills, numbers, shapes, letters and literature.

517719 M-TH 8:45am-11:30am $120/$125 monthly
517114 M-TH Noon-2:45pm $120/$125 monthly

PRE-KINDERGARTEN CLASSES:

4 DAY A WEEK CLASS (CPP GRANTS AVAILABLE)
Children must be 4 years old by October 1, 2017. The pre-kindergarten program is designed to prepare each child for kindergarten in the fall. Challenging activities are introduced in a “Little Treasures” curriculum. Social interaction, perceptive and cognitive learning skills, numbers, letters, literature, math, art and science.

517754 & 517729 M-TH 8:45am-11:30am $120/$125 monthly
517734 & 517724 & 517749 M-TH Noon-2:45pm $120/$125 monthly

PRE-REGISTRATION IS REQUIRED FOR THE 2017-2018 PRESCHOOL PROGRAM

A $30 non-refundable registration fee is required, preschool t-shirt included. Your child’s space will be forfeited if payment is not made by the 1st of the month or when the preschool has not been notified of an extended absence of more than two weeks. The required documents including the emergency card, shot records and registration packet given to you at the time of registration are due the 1st day of school, August 28, 2017.

Parent orientation for morning classes will be August 24 at 6:30pm and August 25 at 6:30pm for afternoon classes. First day of class is August 28 for all students. Preschool closures are those of Westminster Public Schools.

Class fees listed are for a 4 week month, prices may vary according to the amount of school weeks in a month.

Tuition Free Colorado Preschool Program is available for those living in Westminster Public Schools District; CPP Grants applications are due by August 25, 2017.

KIDS CAMP SUMMER PROGRAM

Start Planning Now!

Kids Camp is a five day camp, five hours a day for children who want to have fun this summer! Swimming lessons, field trips to Water World, Adventure Golf, sports, crafts and games. All camp activities are supervised by licensed preschool staff.

Ages: 3-6

Visit hylandhills.org for online registration in February!
HYLAND HILLS NAMED DISTRICT OF THE YEAR!
The Special District Association of Colorado awarded its highest honor to Hyland Hills, by naming us 2016 District of the Year. The SDA is comprised of Colorado Special Districts that provide basic services to the public such as fire and rescue services, water and wastewater services, park and recreation amenities, hospitals, libraries and cemeteries. The SDA has more than 1,500 special District members and 230 associate members such as attorneys, accountants, investment advisors, engineers, and consultants.

CLEAR CREEK VALLEY PARK
Hyland Hills is celebrating the holidays with an early present for our residents. Clear Creek Valley Park will be opening Phase I in December 2016 (weather permitting) with features and surprises your family will love. A major feature is the new and unique “destination playground” that offers creative play arenas for 2-5 year olds and lots more for the older kids as well. There is a climbing tree house with whimsical animal features like a peeking fox, curious turtle, frogs and butterflies. In keeping with the agricultural history of the area, the playground also offers a celery-shaped slide, a carrot bench, large pepper pod seating areas, a giant watering can playhouse, water play area with hand pumps and check dams, diversion troughs, and a zip line. It also has traditional fare such as sand boxes, swings and a spinner.

Additionally, Clear Creek Valley Park features pedestrian trails, an adult exercise station with nine workout challenges, a 200+ vehicle parking lot, restrooms, and a large 24-plot community garden. The park already has grass growing on its multi-use fields, but residents are being asked to be patient with the use of those fields until fall, 2017, to give the grass a chance to mature first. Fishing ponds will soon be stocked for the sport and those too will be opening at a later date.

Phase II construction will include grading on the Lowell Boulevard side of the park, additional parking, more trails, and space for future planned recreational amenities. Residents should access the park at 58th & Tennyson Street on the west side of the park.
THANK YOU ADAMS COUNTY FAIR

The District had the pleasure of partnering with the Adams County Fair in 2016 by being the official Kids Fun Zone sponsor. We hope everyone had a chance to visit the spectacular 5-day event and especially enjoy the Kids Zone. What a great job by the entire Fair team...we look forward to doing it again in August 2017.

ADVENTURE GOLF & RACEWAY
HOLIDAY LIGHTS

The third annual Adventure Golf & Raceway Holiday Lights Mini Golf spectacular is now under way. Thousands of colorful lights and holiday displays will greet you and your family at this glowing family miniature golf extravaganza. Holiday Lights also includes holiday music, events, food, s’mores, hot chocolate, and holiday spirits for those 21 and older. For more information, see page 6.

HYLAND HILLS MASCOTS

Champ the raccoon is the newest in the family of Hyland Hills mascots, joining Wally the walrus, Ace the dragon and Chipper the penguin. The mascots serve as ambassadors for the District, making appearances at parties and special events.

2017 JOB APPLICATIONS

Both Adventure Golf & Raceway and Water World will start accepting job applications early in 2017. Adventure Golf & Raceway applications are available online beginning the first week in January and Water World, in mid-February. Please check the websites to stay updated: adventuregolfandraceway.com; waterworldcolorado.com.

The Hyland Hills Foundation is continuing to accept donations for recreation programs. Last year, the Foundation funded 939 Be-A-Fish Learn to Swim scholarships and more than 700 athletic and summer camp scholarships which were granted to area kids. Consider a donation (any amount is appreciated!) Go to hylandhillsfoundation.org
Children's Activities

DANCE CLASSES

All dance classes meet Saturday mornings at the Perl Mack Community Center.
Session 1: Jan 7-Feb 18 (7 weeks)
Session 2: Feb 25-Apr 8 (7 weeks)
Session 3: Apr 15-May 27 (7 weeks)

TINY TOES #244220
This 30-minute class will introduce music and fun dance moves. Parent participation is encouraged.
Ages: 2-3
Fee: $40 Resident/$45 Non-Resident
Time: 9:30am-10am

LITTLE DANCERS #244222
This class is designed for the little dance student. Children will learn basic ballet, jazz and tap movements in this class. Children should wear a leotard and tights (or comfortable clothing), ballet or jazz shoes, tap shoes, or tennis shoes.
Ages: 4-5
Fee: $45 Resident/$50 Non-Resident
Time: 10am-10:45am

BALLET/TAP COMBO #244223
Students will spend half the class learning ballet and the other half learning tap. Children should wear a leotard and tights (or comfortable clothing), ballet and tap shoes.
Ages: 6-10
Fee: $45 Resident/$50 Non-Resident
Time: 10:45am-11:30am

*HIP HOP #244224
This class is a basic introduction to the urban street styles of Pop N' Lock and Break Dancing. Children will learn more of an “old school” style of hip hop which will consist only of age appropriate movements and isolations. Hosted by Dance Exploration, LLC.
Ages: 7-12
Fee: $45 Resident/$50 Non-Resident
Time: 11:30am-12:15pm

*CHEERLEADING #244225
Cheers/Poms will teach the fundamentals of cheerleading, combined with dancing with pom poms. Children will learn basic cheer and pom terminology as well as cheerleading essentials. Hosted by Dance Exploration, LLC.
Ages: 7-12
Fee: $45 Resident/$50 Non-Resident
Time: 12:15pm-1:00pm

HYLAND HILLS EASTER EGG HUNT

The Easter Bunny will bring thousands of eggs and candy to Carroll Butts Park to celebrate the Easter Holiday. Bring your Easter basket to hold all your goodies!
Ages: 8 & under

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CHILD SAFETY CLASSES

*KIDS AID JUNIOR #224035
Teaches 911 call, car safety, fire safety, poison safety, water safety, gun safety and other prevention techniques in an interactive “kid friendly” atmosphere.
Ages: 4-6
Fee: $6 Resident/$7 Non-Resident

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<td>SA</td>
<td>9am-9:30am</td>
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*KIDS AID INTERMEDIATE #224036
Teaches 911 call, car safety, fire safety, poison safety, water safety, gun safety and other prevention techniques in an interactive “kid friendly” atmosphere. In addition, this class expands on these topics using more detail and age appropriate examples.
Ages: 7-9
Fee: $6 Resident/$7 Non-Resident

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*KIDS WATCH – BABYSITTING CLASS #224030
Course includes information on developmental stages, general guideline for rescue breathing and choking, procedures to deal with separation anxiety, feeding, diapering, and sample parent information cards. A pediatric first aid text is included as an additional handout. Please bring a sack lunch and water bottle to class.
Ages: 10 & older
Fee: $45 Resident/$50 Non-Resident

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(*) Indicates that these classes do not qualify to receive a Hyland Hills Foundation Grant.
COOKING CLASSES

*A TASTE OF HEALTHY HANDS COOKING CLASS
Empower your child with healthy cooking skills they can use for a lifetime! These classes provide “just a taste” of what we do. Students will participate in an educational nutritional activity and then learn to make 2 to 4 healthy snacks for themselves. These are fun classes to get your kids interested in the kitchen. The certified instructors from Sprouting Healthy Chefs teach Healthy Hands Cooking classes. To register for a class, or to find out more about the theme, go to sproutinghealthychefs.com/healthy-hands-cooking/.

Ages: 5-9
Fee: $20 per class

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<tr>
<td>Jan 21</td>
<td>SA</td>
<td>9am-10am</td>
<td>PMC</td>
<td>Healthy Desserts for One</td>
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<tr>
<td>Feb 18</td>
<td>SA</td>
<td>9am-10am</td>
<td>PMC</td>
<td>Mama Mia That’s A Pasta</td>
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<td>Mar 18</td>
<td>SA</td>
<td>9am-10am</td>
<td>PMC</td>
<td>Meatless Mania</td>
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<tr>
<td>Apr 15</td>
<td>SA</td>
<td>9am-10am</td>
<td>PMC</td>
<td>Healthy Start - Breakfast</td>
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Ages: 9-13
Fee: $20 per class

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<td>Healthy Start - Breakfast</td>
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BOREDOM BUSTERS

Join us for these great trips while you’re out of school! Fee covers supervision, admission, transportation and lunch if specified.

Ages: 6-12
Fee: $30 Resident/$35 Non-Resident

#126105, #226105

CHUCK E. CHEESE & APEX CENTER - SWIMMING

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LOVELAND LASER TAG FUN CENTER

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CINZETTI’S & SKATE CITY

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JUMPCITY & MCDONALD’S SNACK

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CICI’S PIZZA & MOVIE

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SCIENCE FX & GYMNASTICS

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BIG TIME FUN CENTER & JIMMY JOHN’S

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DAVE & BUSTER’S & ICE SKATING

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BUTTERFLY PAVILION & JOE’S CRAB SHACK

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FAT CATS - BOWLING, GAMES & PIZZA

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CASA BONITA & GYMNASTICS

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X-ARENA & BOWLING

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MID-AIR ADVENTURES & CICI’S PIZZA

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<td>Mar 30</td>
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THE ISLAND

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OLD CHICAGO PIZZA & ADVENTURE GOLF & RACEWAY

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(*) Indicates that these classes do not qualify to receive a Hyland Hills Foundation Grant.
Children’s Activities

WINTER/Spring 2016-2017

KIDS CLASSES

GALLERY ON THE GO

Gallery on the Go, a mobile canvas painting party service, comes to us and sets up a fun painting studio. It’s the “Art of Socializing.” Refreshments and supplies provided. Go home with a painting.

*KIDS & CANVAS #244405

Refreshments provided.

Ages: 6-13
Fee: $17

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<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Painting</th>
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<tbody>
<tr>
<td>Jan 14</td>
<td>SA</td>
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<td>Blizzard Trees</td>
<td>PMC</td>
</tr>
<tr>
<td>Feb 11</td>
<td>SA</td>
<td>10:30am-1pm</td>
<td>Who Loves Me</td>
<td>PMC</td>
</tr>
<tr>
<td>Mar 11</td>
<td>SA</td>
<td>10:30am-1pm</td>
<td>Ella-Fun</td>
<td>PMC</td>
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<tr>
<td>Apr 8</td>
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<td>10:30am-1pm</td>
<td>TBA</td>
<td>PMC</td>
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PAINTING PARTIES WITH GALLERY ON THE GO @ PMC

Let's paint and be creative! Does the thought of getting out the craft supplies and cleaning up make you twitch? Gallery On The Go to the rescue! Our events are perfect for birthday parties, Girl Scout troops, back-to-school parties, or just any “ole day you want to get the neighborhood kids together for some creative fun! A variety of artwork for boys & girls – you will be able to choose a piece of artwork to paint at their party!

Fee: $17 per person (Minimum of 5 and Maximum of 11)
Please contact Michelle Barnhart @ michlyn25@gmail.com or 719-684-5800 to book your party!

*GROUP PIANO LESSON I WITH KEYBOARDS FOR BEGINNERS #244607

Students are expected to practice assignments daily and to complete weekly written assignments given in class. Materials will be provided at the first class.

Ages: 7-12
Fee: $50, additional $10 materials fee paid to instructor at class

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<td>Feb 7-Mar 28</td>
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<td>4pm-5pm</td>
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*GROUP PIANO LESSON II WITH KEYBOARDS #244608

Students must have completed Group Piano Lesson I and are expected to practice assignments daily and to complete weekly written assignments given in class. Materials will be provided at the first class.

Ages: 10-18
Fee: $50 fee plus $10 materials fee paid to instructor at class

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<td>5pm-6pm</td>
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(*) Indicates that these classes do not qualify to receive a Hyland Hills Foundation Grant.

COLORADO YOUTH ADVENTURES

Join us for trips with youth from around the Metro area. These trips are offered in cooperation with Hyland Hills, Broomfield, Brighton, Northglenn, Lakewood, Denver, Boulder and Loveland Recreation Departments. These exciting trips offer your youth the opportunity to meet youth from around the Metro area and participate in unique trips offered by Colorado Youth Adventures. All trips leave from the Northglenn Recreation Center. Transportation provided by Hyland Hills.

SNOW DAY #236100

We’ll spend the morning at Denver’s newest indoor sports venue SNOBAHN Indoor Ski & Snowboard Center. Each child will get at least a 30-minute lesson with time to practice and 30 minutes on the snow tubing hill. We will end our day at Chick-Fil-A.

Ages: 11-18
Fee: $55 Resident/$60 Non-Resident

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<th>Date</th>
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<td>9am-1:30pm</td>
<td>NRC</td>
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HIT THE TRACKS #236101

Do you have the need for speed? If so, you will not want to miss our upcoming trip to UNSER Racing. Strap in as we will all test our skills on the race track. See if you have what it takes to finish in first place. Note: All participants must have a notarized waiver for UNSER Racing – or a legible copy of parent’s driver’s license included with the waiver.

Ages: 11-18
Fee: $60 Resident/$65 Non-Resident

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VOLUNTEER DAY #236102

April is National Volunteer Month and what a better way to give back then spending the morning with other area teens working on a community volunteer project. Our morning will consist of participating in a volunteer project then we will head over to Adventure Golf & Raceway for lunch and an afternoon of unlimited fun, including go-karts, bumper cars, a maze, ropes course and miniature golf. The volunteer project will be announced as we get closer, check back for details.

Ages: 11-18
Fee: $30 Resident/$35 Non-Resident

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<td>Apr 29</td>
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Children’s Activities

HYLAND HILLS RECREATION CLUB
Hyland Hills Recreation Clubs welcome children in grades Kindergarten through 8th grade a fun and safe place to go after school. Our clubs are free for Hyland Hills residents as well as students attending a Westminster Public School. We provide a fun environment where kids can play board games, video games and computer games, participate in arts & crafts, dance, and cooking activities. It’s also a great place to get your homework done or just hang out with friends. Each child will receive a healthy fresh meal each day provided in partnership with Hyland Hills, Food Bank of the Rockies and Revolution Foods. We are located just a short walk from F.M. Day and Hodgkins Elementary Schools as well as Scott Carpenter Middle School. Each child must obtain a free Recreation Club Membership Card prior to attending the program. This can be done at the Perl Mack Community Center, 7125 Mariposa Street. For more information please call 303-650-7580 or stop by either location to check us out!

Locations: Perl Mack Community Center (7125 Mariposa Street)
Baker Community Center (6755 Irving Street)
Days: Monday-Friday (no club on Westminster Public Schools non-school days)
Time: 3pm-6pm
Dates: August 16, 2016-May 25, 2017
Cost: Hyland Hills Residents/Westminster Public School Students: Free
Non-Residents: $5.00 per day

NEW! BASIC ART #244400
Learn art basics and join us for a fun afternoon of hands-on art projects! Twice a year we will display art from this class at the Perl Mack Community Center.
Ages: 4 and older
Fee: $18 per child w/parent (parents are welcome to attend with their child; but not required.)

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GRANTS AVAILABLE FOR QUALIFYING YOUTH PROGRAMS
SEE PAGE 32 FOR MORE INFORMATION.

2017 SUMMER CAMPS
AGES 3-14

Hyland Hills is busy planning a fun-filled summer for kids! Our licensed camps will include fun field trips, swim lessons, crafts, games, sports and weekly visits to Water World. Summer camp site locations, fees, and dates are still being determined and will be available soon. Please check our website hylandhills.org for more information starting at the first of the year. Registration for summer camp will start in February.
KARATE FOR YOUTH, TEENS AND ADULTS

We now have karate available at two locations! This program is repeated year after year toward Black Belt & beyond. These lessons have developed mastery in leadership provided monthly since 2008. Classes involve (Okinawan Uechi-Ryu) traditional drills, two-person exercises, body conditioning, health benefits and mental development with Kata (forms). Instructor: Al Bennett, 8th degree black belt and Amanda Bennett, 6th degree black belt.

Winter/Spring Session: Jan 3-May 27
Monthly registration is required.

*KARATE KIDS #245212
Ages: 4-5
Fee: $34 per month (Class meets once a week)

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*KARATE FOR FIRST GRADERS #245213
Age: 6
Fee: $36 per month (Class meets once a week)

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<td>SA</td>
<td>10:45am-11:30am</td>
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</table>

*BEGINNER KARATE #245214
Ages: 7 and older
Fee: $43 per month (Class meets twice a week)

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<td>(T) 7:15pm-8:15pm (SA) 10:45am-11:45am</td>
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<tr>
<td>M/TH</td>
<td>6:30pm-7:55pm</td>
<td>PMC</td>
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</table>

*INTERMEDIATE KARATE #245215
Ages: 7 and older
Fee: $45 per month (Class meets twice a week)

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<tr>
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<td>(T) 7:15pm-8:15pm (SA) 10am-11:45am</td>
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</tbody>
</table>

*ADVANCED KARATE #245216
Ages: 7 and older
Fee: $47 per month (Class meets three times a week)

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<th>Time</th>
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<tr>
<td>T/F/SA</td>
<td>(T) 7:15pm-8:30pm, (F) 5:30-7pm (SA) 10am-11:45am</td>
<td>GC</td>
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</tbody>
</table>

COACHING

COACHING YOUTH SPORTS
Hyland Hills is a member of the National Alliance for Youth Sports. We have implemented the NYSCA’s program to provide valuable information on the aspects of coaching youth sports, which today’s volunteers need to ensure a positive and rewarding experience for all the youngsters on their teams. Any interested coaches for youth football are required to become USA Football Heads Up certified.

Ages: 16 and older
*To volunteer as a coach with Hyland Hills, it is mandatory that you obtain a concussion certification through Hyland Hills, NYSCA or USA Football. For more information, please contact Chris Robson at crobson@hylandhills.org, Jordan Shepard at jshepard@hylandhills.org, Andrew Larghe at alarghe@hylandhills.org or visit hylandhillsathletics.com.

BASKETBALL

COED BEGINNER BASKETBALL #222104
This program is aimed at teaching the fundamentals of basketball. Instruction will be given on dribbling, passing, shooting, etc. Instruction is followed by non-competitive scrimmages. This is strictly a fun learning experience. Parent involvement is encouraged. Class meets five consecutive weeks. Players will be placed with their coaches at the first session. The fee includes a jersey & basketball.

Ages: 6-13
Fee: $40 Resident/$45 Non-Resident

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<th>Date</th>
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<tr>
<td>Jan 18-Feb 15</td>
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<td>SMS (3455 W. 72nd Ave.)</td>
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<td>Jan 21-Feb 18</td>
<td>SA</td>
<td>Noon–1pm</td>
<td>SMS (3455 W. 72nd Ave.)</td>
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</tbody>
</table>

YOUTH WINTER BASKETBALL RECREATIONAL LEAGUES #222170
This league is for you! Each team will practice and play games at local Westminster Public Schools. Practices will be held twice a week and teams will play games primarily on Saturdays (with a few weeknight exceptions). League has playing time requirements for each player. Fee includes a jersey. Deadline to register is Saturday, December 17, 2016. Players will be contacted the week of Jan 2, 2017 by their coach with practice schedule.

Game schedules released Jan 7
League games begin Jan 14

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<thead>
<tr>
<th>Ages</th>
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<tr>
<td>6-13</td>
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Fee: $65 Resident/$75 Non-Resident

(*) Indicates that these classes do not qualify to receive a Hyland Hills Foundation Grant.
Hyland Hills Special Olympics Colorado Basketball League

Hyland Hills is proud to be a sponsor of the Hyland Hills Hawks Special Olympics Colorado Basketball team. Team activities will run December 2016-March 2017. For more information please contact Chris Robson at crobson@hylandhills.org, Jordan Shepard at jshepard@hylandhills.org, or Andrew Larghe at alarghe@hylandhills.org. For details on how to register with the Special Olympics Program please contact Jen Guerriero at guerrfam@gmail.com or at 720-545-5681. Please visit us at hylandhillsathletics.com.

Westminster High School / Hyland Hills Winter Break Youth Basketball Camp #122700

Come join coach Jim Montijo (Westminster Varsity Men’s head coach), staff, players and Hyland Hills for an exciting and educational camp. The camp is designed to help improve your basketball skills. Camp participants will receive a camp basketball along with other prizes being awarded for numerous competitions. The high school’s coaching staff, players and Hyland Hills provides a fun learning environment, which will help each individual achieve his/her potential.

Ages: 7-13 Coed
Fee: $40

Date    Day    Time    Loc
Dec 19-21 M/T/W 12:30pm-3:30pm WHS
6933 Raleigh St. (Enter through Northwest entrance)

Wrestling

Coming Soon!
Westminster High School / Hyland Hills Wrestling

We are excited to announce another great new youth sports program! Hyland Hills and WPS are teaming up to provide a FREE wrestling camp Spring 2017 to kick off the wrestling program! We will be updating the hylandhillsathletics.com website as more information becomes available. Please visit the website or call Andrew Larghe @ 303-650-8002 for more information.

Soccer

Indoor Pee Wee Kickers #212200
This is a fun learning experience for your child’s first time in soccer. Basic motor skills are taught with a fun emphasis. Parent involvement is highly recommended.

Ages: 3-4
Fee: $40 Resident/$45 Non-Resident (includes t-shirt)

Date    Day    Time    Loc
Apr 8-May 13 SA 10am–10:45am CBAP

Indoor Kneeker Soccer #212100
This successful program is aimed at teaching dribbling, trapping, shooting, and other fundamental skills of soccer. Instruction is followed by non-competitive games. We do encourage parent involvement.

Ages: 5-6
Fee: $40 Resident/ $45 Non-Resident (includes t-shirt)

Date    Day    Time    Loc
Apr 8-May 13 SA 9am-9:45am CBAP

Hyland Hills Spring Soccer League #212502
Each team will practice twice a week and play games at Westminster Public Schools/Hyland Hills fields. Games will be played on Saturdays with possible weeknight exceptions. Teams will play 6-7 games including a tournament. Practice schedules will be set by the volunteer coaches generally between 4pm and 8pm Mon-Fri. Fee includes game t-shirt. Shin guards required. Soccer ball and cleats are optional.

Ages: 5-10
Registration Deadline: Mar 6
Practice Start: Week of Mar 13
First Game: Mar 25
Tournament: May 6
Fee: $45 Resident/$55 Non-Resident
No games Mar 27-Apr 1

Volleyball

Middle School Girls Volleyball #222180
Calling all girls! Come join the fun and exciting sport of volleyball. Each team will practice and play games at local Westminster Public Schools. Practice schedules will be set by the volunteer coaches generally between 4pm and 8pm Mon-Fri with games on Saturdays! Fee includes game t-shirt.

Registration Deadline: Mar 6
Practice Start: Week of Mar 13
First Game: Mar 25
Tournament: May 6
Fees: $55 Resident/$65 Non-Resident
No games Mar 27-Apr 1

Please visit hylandhillsathletics.com for all rules, schedules, standings and any other important league information. Register online @ hylandhills.org.
Youth Sports

WINTER/SPRING 2016-2017

BASEBALL

INDOOR PEE WEE T-BALL #212300
This is a fun learning experience for child’s first time in T-Ball. Basic motor skills are taught with a fun emphasis. All participants need to bring their own baseball mitt. Parent involvement is highly recommended.
Ages: 3-4
Fee: $40 Resident/$45 Non-Resident (includes t-shirt)
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<td>Apr 8-May 13</td>
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<td>11am-11:45am</td>
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YOUTH BASEBALL #222800
We are excited for year two of this eight-week program which will help develop and improve your child’s baseball skills through practices and games. All participants will be given a team jersey and hat for games. Participants will need their own glove and games pants. Practices and/or games are held on weekday evenings at local Hyland Hills fields. Please visit hylandhillsathletics.com for more detailed information!

YOUTH SOFTBALL #222810
We are excited for year two of this eight-week program which will help develop and improve your child’s softball skills through practices and games. All participants will be given a team jersey and hat for games. Participants will need their own glove and game pants. Practices and/or games are held on weekday evenings at local Hyland Hills fields. Offered in partnership with Indian Peaks Softball Association. Please visit hylandhillsathletics.com for more detailed information!

SOFTBALL

COED T-BALL
Ages: 6U (Age as of Apr 30, 2017)
Fee: $65 Resident/$75 Non-Resident

COED COACH/MACHINE PITCH
Ages: 8U (Age as of Apr 30, 2017)
Fee: $85 Resident/$95 Non-Resident

SLUGGERS- BASEBALL
Ages: 10U (Age as of Apr 30th, 2017)
Fee: $90 Resident/$100 Non-Resident

JUNIOR DIVISION- BASEBALL
Ages: 12U (Age as of Apr 30, 2017)
Fee: $95 Resident/$105 Non-Resident

SENIOR DIVISION- BASEBALL
Ages: 14U (Age as of Apr 30, 2017)
Fee: $95 Resident/$105 Non-Resident

GRANTS AVAILABLE FOR QUALIFYING YOUTH PROGRAMS
SEE PAGE 32 FOR MORE INFORMATION.

VOLUNTEER COACHES NEEDED. If you are interested please contact Andrew Larghe 303-650-8002 or alarghe@hylandhills.org
PERL MACK WEIGHT ROOM

Come visit us. The weight room at the Perl Mack Community Center features weight and cardio equipment.

WEIGHT ROOM MEMBERSHIP (UNLIMITED VISITS)
$15/monthly
$75/six months
$135/yearly

Ages 14-18 must attend the Junior Weight Training course prior to working out for the first time.

WEIGHT ROOM HOURS:
M-F: 8am-8pm; SA: 8am-1pm
Holiday closures: Dec 26 and Jan 2
*Holiday closures are subject to change.

PERSONAL TRAINING
Achieve the results you’re looking for in your exercise routine. Clients vary in age and activity levels. Our goal is to bring strength and conditioning to clients. Certified personal trainers at the Perl Mack facility are Dee Farmer and Jorge Cruz.

How to register:
Call to schedule an appointment with:
Dee Farmer 303-909-6373
Jorge Cruz 720-338-4631 Bilingual
Fees will vary with each trainer

WEIGHT ROOM INTRODUCTION #245302
This informal introduction to the weight room is designed to teach you the proper safety and techniques to use.
Instructor: Jorge Cruz
Ages: 14 and older
Fee: $25 per class (Fee includes a one month weight room membership @ PMC)

Low-Impact Pound and Rythmic Drumming Fitness Class
Low-Impact Pound and Rythmic Drumming Fitness Class #245117
This class combines light resistance with simulated drumming using drumsticks. This class fuses cardio and low impact movements.
Ages: 18 and older
Fee: $12 per month or $3 drop-in

MORNING BOOTCAMP #245113
Strength training and cardio all in one! Start your day off and join us for this terrific heart pumping fitness class!
Ages: 18 and older
Fee: $40

Date       Day     Time       Loc
Jan 9-Apr 28 M/W/F   7am-8am   PMC

NOONTIME BOOTCAMP #245115
Ages: 18 and older
Fee: $35 per month

Date       Day     Time       Loc
Jan 9-Apr 26 M/W     12:15pm-1pm PMC

EVENING BOOTCAMP #245116
Ages: 18 and older
Fee: $40 per month

Date       Day     Time       Loc
Jan 10-Apr 27 T/TH   6:15pm-7:15pm PMC
FLEX & STRETCH #245112
This unique practice incorporates elements of Tai Chi, meditation, and yoga. Benefits: improves posture, increases flexibility and enhances overall joy.
Ages: 18 and older
Fee: $12 per month or $3 drop-in

Jan 13-Apr 28 F 10:15am-11:15am PMC

ZUMBA FITNESS CLASS #245110
First class is Free! Licensed Zumba instructors! PRIMER CLASE ES GRATIS! HABLAMOS ESPANOL PARA MAS INFORMACION EN ESPANOL LLAMA: 720-201-6059. Latin Dance aerobics, including salsa, merengue, cha cha, cumbia, samba, rumba and more! It is so much fun that you won’t notice that it’s exercise!
Ages: 18 and older
Fee: Monthly fees listed below. Drop-In fee $7 per class or add Saturday for additional $5 to any monthly fee

Jan 3-Apr 25 T ($20/$25) 6:10pm-7:10pm GC
Jan 3-Apr 27 T/TH ($35/$40) 6:10pm-7:10pm GC
Jan 7-Apr 29 SA ($32/$37) 8am-9am PMC

JAZZERCISE
All fitness levels welcome! Contact Jennifer, 303-217-1142 or jazzyjenn3@yahoo.com to register.
Ages: 18 and older
Fee: $40 per month

Jan-Apr M/W/F 6:30am-7am Express GC
Jan-Apr M/W 6pm-7pm GC
Jan-Apr T/Th 5:30pm-6pm Express GC
Jan-Apr SA 8:15am-9:15am GC

PICKLEBALL
Indoor play, no instruction, set up of the court on your own. Bring your pickleball buddies to have a group to play with. No group of players are guaranteed. We have all the equipment and if the need for racquets or balls arises, just ask the front desk.
Ages: 18 and older
Fee: $3 Drop-in or SilverSneakers card

Jan 27–Apr 28 F 10am-Noon PMC

SILVERSNEAKERS®
HEALTHWAYS SILVERSNEAKERS FITNESS PROGRAMS AT PERL MACK COMMUNITY CENTER
The Healthways SilverSneakers Fitness Program is specifically designed to encourage eligible members to increase their level of activity and motivate them to continue to be active. If you are Medicare eligible, check with your health-care provider to see if your plan qualifies you.

SILVERSNEAKERS CLASSIC®
A variety of exercises designed to increase muscular strength, range of movement, and activities for daily living. Hand-held weights, elastic tubing with handles, and a SilverSneakers® ball are offered for resistance. A chair is available if needed for seated or standing support. Individuals who are not members of SilverSneakers may participate in this program for a $3 drop-in fee.
Ages: 65 and older

Jan 10-Apr 25 T 1:15pm-2:15pm PMC

SILVERSNEAKERS CIRCUIT®
Upper body strength work with hand-held weights, elastic tubing with handles, and a SilverSneakers® ball is alternated with low-impact aerobic choreography. A chair is used for standing support, stretching, and relaxation exercises. Individuals who are not members of SilverSneakers may participate in this program for a $3 drop-in fee.
Ages: 65 and older

Jan 12-Apr 27 TH 1:15pm-2:15pm PMC

SILVERSNEAKERS YOGA®
Specific sequence of stretches and breath work designed for you to move your whole body in both seated and standing yoga poses. A chair is provided for you to perform the poses with confidence in balance and to increase your flexibility and range of movement. The final moments of relaxation draws you back by using attention to breathe to reduce stress and increase mental clarity. Individuals who are not members of SilverSneakers may participate in this program for a $3 drop-in fee.
Ages: 65 and older

Jan 10-Apr 27 T/Th 10:45am-11:45am PMC
ARTHRITIS MOVEMENT AND STRENGTHENING
This program includes range-of-motion exercise, endurance building activities, balance exercises and relaxation techniques. Individuals who are not members of SilverSneakers may participate in this program for a $3 drop-in fee.
Ages: 65 and older

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<td>9am-10am</td>
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TAI CHI FOR BETTER BALANCE AND MOVEMENT
An evidence-based exercise program to help older adults improve balance and prevent falls using the principles of Tai Chi. Individuals who are not members of SilverSneakers may participate in this program for a $3 drop-in fee.
Ages: 65 and older

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<td>M/F</td>
<td>9:15am-10:15am</td>
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LINE DANCING
No partners needed in this class. Country, hip hop and waltz are some of the dance areas that are covered. Individuals who are not members of SilverSneakers may participate in this program for a $3 drop-in fee.
Ages: 65 and older

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<td>Jan 6-Apr 28</td>
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<td>1pm-2:30pm</td>
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TAP DANCE FITNESS & FUN FOR THE “MATURE ADULT”
Let’s have some fun while we work on balance, cardio, movement, strengthening and stretching. Only upbeat music played for our happy feet. Bring your tap shoes or wear your workout shoes and comfy clothing. Individuals who are not members of SilverSneakers may participate in this program for a $3 drop-in fee.
Ages: 65 and older

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<td>9:30am-10:30am</td>
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SPRING LINE DANCE PARTY #245404
Fling into Spring and kick up your heels at this casual and fun line dance party.
Fee: $6
Ages: 65 and older

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<td>Apr 14</td>
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<td>12:30pm-2:30pm</td>
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</table>

OTHER FITNESS PROGRAMS THAT ARE ACCEPTED WITH SILVERSNEAKERS MEMBERSHIP:
- Gentle Yoga
- Candlelight Yoga
- Line Dance
- Flex & Stretch

SEE PAGE 22 FOR YOUTH, TEEN AND ADULT KARATE.
## Fitness and Wellness
### Hyland Hills Park and Recreation District
303-428-7488 — hylandhills.org

### Adult Activities

#### GENERAL INTEREST

**ARTISTIC WELDING #244311**

Students will receive one-on-one instruction using a MIG welder. After practice students will choose one of four pre-cut projects to weld together. The piece will then be finished using sand blaster, grinders, polishers and heat coloration with oxyacetylene torch.

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<th>Ages: 15 and older</th>
<th>Fee: $79 per class</th>
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#### CUTTING METAL ART PLASMA CUTTING #244312

Students will learn to design and create a metal art piece using a plasma cutter. Choose from a variety of patterns to draw, cut and finish a 16g steel art piece. One-on-one guidance and instruction provided on the use of the plasma cutter, finishing tools and equipment.

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<th>Ages: 18 and older</th>
<th>Fee: $79 per class</th>
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#### INTRODUCTION TO SILVERSMITHING #244303

Come and learn the basics of the fine art of silversmithing. This is an intensive, fast paced class that will get you started in the construction of silver jewelry. In 10 weeks you will make three structured projects, a pendant, a ring, and a bracelet. Most tools and equipment are provided. Supplies are extra.

Instructor: Michele Marks

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<tr>
<th>Ages: 18 and older</th>
<th>Fee: $100 Resident/$105 Non-Resident Per Session</th>
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<td><strong>Date</strong></td>
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<td>Mar 28-May 23</td>
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#### SILVERSMITH II–INTERMEDIATE/ADVANCED #244304

Intermediate: Three structured projects. Advanced: Non-structured class. This class is for those who have previously completed Introduction to Silversmithing. Students are encouraged to use their own ideas. The class is less structured and more advanced. Most tools and equipment provided. Supplies are extra.

Instructor: Buzz Baker

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<th>Ages: 18 and older</th>
<th>Fee: $100 Resident/$105 Non-Resident Per Session</th>
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<td>Mar 29-May 24</td>
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#### 3D PRINTING #244305

During the session students learn the basics of 3D as it applies to our casting class. Most tools and equipment are provided. Supplies are extra. The class is limited to 5 students who have completed both Silversmithing I and Casting offered at the Baker Center. Instructor: Mitchel Olivier

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<tr>
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<th>Fee: $100 Resident/$105 Non-Resident Per Session</th>
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<td>Mar 20-May 22</td>
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#### ENAMELING #244306

This beginning class will explore multiple techniques for kiln and torch firing enamel. Most tools and equipment are provided. The class is limited to 10 students who have completed Introduction to Silversmithing. Instructor: Michele Marks

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<td>Mar 20-May 22</td>
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#### JEWELRY CASTING #244301

This class provides instruction mostly in the “lost wax” method of casting and various steps necessary to complete the process, such as wax carving and debubblizing methods, investing, burnout, centrifugal casting and finishing. Most tools and equipment are provided. Supplies are extra and will be discussed at first class. Instructor: Ben Montoya

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<td>Mar 30-May 25</td>
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#### LAPI DAR Y #244302-A1

Learn to work on many types of gems. Make beautiful new projects with all our newly updated equipment. Most tools and equipment are provided. Supplies are extra.

Instructor: Will Nelson

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<tr>
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<td>Mar 28-May 23</td>
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#### LAPI DAR Y II #244302-A2

An adjunct to our Lapidary class concentrating on advanced lapidary techniques. The class is limited to 10 students who have completed both Introduction to Silversmithing and Lapidary classes. Most tools and equipment are provided. Supplies are extra. Instructor: Will Nelson

<table>
<thead>
<tr>
<th>Ages: 18 and older</th>
<th>Fee: $100 Resident/$105 Non-Resident Per Session</th>
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<tr>
<td><strong>Date</strong></td>
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<td>Jan 9-Mar 13</td>
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<td>Mar 20-May 22</td>
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OPEN STUDIO
Open studio time for jewelry artists is available only to students who have completed the jewelry classes at Hyland Hills. Most tools and equipment are provided. Supplies are extra.
Ages: 18 and older
Fee: $10 per class, payable to the instructor.

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<tr>
<td>Jan 10-May 25</td>
<td>T/W/TH</td>
<td>7pm-9pm</td>
<td>Baker</td>
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<tr>
<td>Jan 13-May 26</td>
<td>F</td>
<td>10:30am-2:30pm</td>
<td>Baker</td>
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1st, 3rd, 4th (and 5th) Sunday and 2nd Saturday from 1pm-5pm
(Some of these days and times will vary due to the schedule of other groups who use the Baker Center. We will post a monthly calendar.)

VOICE-OVERS – NOW IT’S YOUR TIME! #444701
This class will show you how YOU could actually begin using your speaking voice for commercials, films, videos, and more!
Ages: 18 and older
Fee: $25

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<tr>
<td>May 30</td>
<td>T</td>
<td>6pm-8pm</td>
<td>PMC</td>
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CPR AND FIRST AID/AED #244700
CPR and First Aid courses are designed to train individuals to respond in an emergency situation. Babysitters, new parents, care providers or any person age 16 and older can enroll. Certification is through the American Heart Association.
Ages: 16 and older
Fee: $45

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<tr>
<td>Feb 7</td>
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<td>5pm-9pm</td>
<td>PMC</td>
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<tr>
<td>Apr 26</td>
<td>W</td>
<td>5pm-9pm</td>
<td>PMC</td>
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DUPLICATE BRIDGE GAMES
James Calhoun, our bridge instructor, will be starting Duplicate ACBL sanctioned bridge games. Payment to instructor.
Ages: 15 and older
Fee: $5 per person/every TH

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<td>Jan 5-May 25</td>
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<td>6pm-8pm</td>
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PAINTING PARTIES WITH GALLERY ON THE GO @ PMC
Let’s paint and be creative! Does the thought of getting out the craft supplies and cleaning up make you twitch? Gallery On The Go to the rescue! Our events are perfect for any group so gather your friends and family for a private canvas painting party. A variety of artwork is available for you to choose from.
Fee: $17 per person (Minimum of 5 and Maximum of 11)
Please contact Michelle Barnhart @ michlyn25@gmail.com or 719-684-5800 to book your party.

Get started on your New Year’s Workout Routine at the Perl Mack Community Center

303.657.8870
Adult Sports Leagues

The Hyland Hills Athletic Department provides a variety of seasonal adult team sports. Leagues are organized for men, women, and coed divisions. Leagues are generally scheduled using a round-robin format. Tournament options listed below. Team manager meetings are held prior to the start of each season. Teams are required to pay 50% of the league fee when registering. No extra player fees are charged for any leagues. For more information on adult sports leagues visit hylandhillsathletics.com or contact Chris Robson at crobson@hylandhills.org.

ADULT WINTER BASKETBALL #222200
Registration Deadline: Dec 30
Season: Jan 11 – Mar 15/22
10 game season, including tournament
Game Times: 6pm-10pm
Leagues Offered: Wednesday Men's Rec
Games played at Hidden Lake High School or Ranum Middle School.
Certified NCAA or CHSAA officials for all games!
Team Fee: $450

ADULT SPRING SOFTBALL #222400
Registration Deadline: Feb 24
Season: Mar 3 – Apr 16 (6 Games)
*Season could be extended for weather cancellations
Game Times: M-F 6:15pm-10:15pm, Sun 5pm-10pm (Sunday play is TBD)
Team Fee: $325

E-REC: This level is for teams to come out and play for fun. This level is the least competitive level. No home runs allowed.
Tuesday Men's
Tuesday Men's
Friday Men's
Sunday Men's Rec

DRL (Lower D-REC): This level is for below average to average skilled teams who still enjoy an element of competition. One home run allowed.
Monday Women's ($300)
Monday Men's
Thursday Men's
Thursday COED

DRU (Upper D-REC): This level is for the highest skilled league/tournament teams looking for the best competition. Three home runs allowed.
Wednesday Men's
Wednesday COED
Friday Men's
Sunday Men's (TBD)

SPRING OUTDOOR FLAG FOOTBALL #222300
Registration Dates: January 23 – March 3
Season: March 12 – May 7
(7 League games plus single elimination tournament)
Game Times: 8am-6pm
(League play is normally mornings and early afternoon)
Leagues Offered:
Sunday Men's Rec
Sunday Men's Upper Rec
Team Fee: $600

BATTING CAGES

CLOSED FOR WINTER
TENTATIVE SPRING OPENING DATE:
Friday March 3rd (Weather Permitting)

8650 Zuni Street • 303-650-7676

SPRING HOURS:
Monday – Friday 5pm-8pm (Weather Permitting)
Saturday Noon-5pm, Sunday Noon-8pm (Weather Permitting)

SUMMER HOURS (Starting June 4)
Monday – Friday 3pm-8pm (Weather Permitting)
Saturday Noon-5pm, Sunday Noon-8pm (Weather Permitting)

Fees:
Single $1 = 1 token • Double $5 = 6 tokens
Triple $12 = 15 tokens-Grand Slam $25 = 32 tokens
The MAC—WINTER/SPRING 2016-2017

The MAC welcomes adults age 18 and over to participate in fitness classes, computer classes, educational seminars, and day/extended trips. Facility amenities: weight room with cardio machines and free weights, fitness room, indoor walking track, billiards room, classrooms, passive lounge area, and community room.

Pick up a copy of the Winter/Spring 2017 City of Westminster Activity Guide for details on activities listed below or contact The MAC at 303-426-4310.

MAC COMPUTER CLASSES

Group classes cover smart phone basics; beginner and more iPad; Kindle tablet basics; social networking; online safety and privacy; and one-on-one private tutoring sessions using your own device.

MAC DAY TRIPS

Travel to local destinations and outside the Denver metro area and leave the driving to us! Winter/Spring Day Trips range from gambling to live theatre; restaurants to museums; shopping to sporting events; and unique places in between.

MAC EXTENDED TRAVEL

See the world and get great group rates by traveling with The MAC. Call 303-658-2294 for details on these 2017 trips.

- Poland, East Germany & World War II – May 8-21, 2017
- National Parks Tour – August 27-September 4, 2017
- Paris to Paris with Normandy Extension – October 20-31, 2017

MAC FITNESS OPPORTUNITIES

Get the most out of your workout by meeting with a personal trainer or attending a MAC Weight Room Orientation. Group exercise classes include: Line Dance, Yoga, Tai Chi; SilverSneakers classes; Zumba; Low Impact Aerobics; Flex and Stretch; and Cardio classes.

MAC SPECIAL EVENTS

MAC ‘N CHEESY WITH MAX
Friday, January 27 – 11:30am-1:30pm
Fee $5 resident/$7 non-resident
Comedian/storyteller, Max Donaldson shares little known facts and foibles about the lives of the famous and infamous characters. Mac and cheese served. Register by January 23.

A PORTRAIT OF PETE SEEGER – LIVE MUSICAL PERFORMANCE
Tuesday, February 14 – 1:30pm-2:30pm
Fee: $5 resident; $7 non-resident.
One man musical performance tells the stories behind Pete Seeger’s songs that united generations. Register by February 13.

ST. PATRICK’S DAY CELEBRATION
Thursday, March 16 – Noon-1:30pm
Fee: $10 resident; $12 non-resident
Lunch and live musical entertainment. Register by March 10.

MAC WELLNESS

Stay on top of the latest wellness trends and research by attending wellness lectures at The MAC. Winter/Spring topics include: weight management, caregiver stress; health and wellness coaching; healthy travel tips; diabetes three class series; and aromatherapy for beating winter blues and for women’s health. Schedule a private one hour Health and Wellness Coaching session with a credentialed health professional and develop strategies for making lasting behavior changes.

For details on programs, trips, and facility fees, please call The MAC at 303-426-4310 or visit our website at cityofwestminster.us

The MAC is owned and operated in partnership between Hyland Hills and the City of Westminster.

MAC FACILITY RENTALS:

Looking for a venue to hold a wedding, birthday party, anniversary celebration, holiday party, business meeting, staff training or other public gathering? We have an affordable facility to fit your needs. The Grand Ballroom (accommodates up to 250) offers a spacious and personalized setting for creating an atmosphere that is a reflection of your style and theme. Call 303-426-4310 to schedule a tour today.
SPONSOR A PROGRAM
Area businesses, civic and school organizations are invited to co-sponsor a community special event with Hyland Hills Park and Recreation District. Multiple events are held at our diverse facilities throughout the year. Call Joann Cortéz at 303-650-7644 for more information.

VOLUNTEER OPPORTUNITIES
Hyland Hills Park and Recreation District invites members of the community to participate by becoming a volunteer. Support your community and share your special talents with others. Volunteer by calling 303-428-7488.

NEW CLASS IDEAS
Your creative input is important in developing new classes and programs, or improving existing ones. Please call Betsy Scally at 303-650-7514 or Courtney Sibayan at 303-650-7593 with your suggestions and ideas.

SPECIAL DISABILITIES MAINSTREAM PROGRAM
Hyland Hills participates in a mainstreaming program to help integrate persons of all ages with disabilities into general recreation programs. To help facilitate mainstreaming, we encourage volunteers from the community to participate in a program as a helping “partner.” In most cases, the recreation partner participates free. If you would like more information on the program or on volunteering, call Rick Fuller at 303-650-7618.

SPECIAL OLYMPICS
This international organization offers training programs and competitions year-round to participants ages eight through adult with mental and/or physical disabilities. Sports include weight lifting, basketball, volleyball, gymnastics, equestrian and aquatics. Participants pay either no fee or a very minimal fee, thanks to contributions and the efforts of volunteers. For more information on participating, coaching, volunteering or contributing, call 303-592-1361.

THE GIFT OF GIVING
Trees, shrubs and flowers can be living memorials for important events in your family’s lives. Donated park benches, picnic tables and bike racks can also enhance your favorite park.

Equipment gifts such as basketballs, soccer balls, toys or books are also appreciated.

Real estate bequests, memorial gifts, endowment funds, securities and cash are also options for contributing to the Hyland Hills Park and Recreation District. Please discuss your giving ideas with Terry Barnhart, 303-650-7609.

GIFT CARDS AVAILABLE
Give a gift that everyone will enjoy using… a gift card from the Hyland Hills Park and Recreation District. Purchase in any dollar amount. These cards can be used for any Hyland Hills activity or facility. Who wouldn’t want a couple of passes to Water World, Adventure Golf or any fun Hyland Hills activity? Gift cards may be purchased at the Administrative Offices, 8801 N. Pecos St., Federal Heights, CO 80260, and at each individual facility. Please call 303-428-7488.

AMERICANS WITH DISABILITIES ACT
The Hyland Hills Park and Recreation District is committed to supporting the Americans with Disabilities Act (ADA) of 1990. If you have any questions regarding this act or are an individual with a disability in need of accommodation, please contact Rick Fuller at 303-650-7618.

HYLAND HILLS FOUNDATION OFFERS FINANCIAL ASSISTANCE
Hyland Hills Foundation offers Financial Assistance 100% for the kids! The mission of the Hyland Hills Foundation is to promote and support the recreational and cultural opportunities of the residents of the Hyland Hills Park and Recreation District. You may apply in person at the Hyland Hills Administrative offices or at Perl Mack Community Center. One of the following forms of income verification will be required from the parent/legal guardian for all foundation grant applications:
• A copy of the Notification of Approval/Denial letter for free or reduced meal benefits from Westminster Public Schools.
• A copy of proof of participation in a Federal Government approved assistance program.
• If neither of the above can be provided the parent/legal guardian will need to provide a copy of the prior year’s Federal Tax Return.

Income verification will only be required once per calendar year. Certain programs are not available for foundation grants. Applicants must apply seven days prior to program registration deadline. Please allow two to three business days for approval of all grant applications.

CHECK US OUT ON SOCIAL MEDIA!

TDD #303-650-7621
Information line for the deaf, hard of hearing and nonverbal.

32 Hyland Hills Park and Recreation District 303-428-7488 — hylandhills.org
Clear Creek Valley Park’s whimsical destination playground opening this fall.