

ADULT ACTIVITIES

Hyland Hills Park and Recreation District — 303-428-7488 — www.hylandhills.org

DANCE

BELLY DANCING — BEGINNER #444205

Learn bellydance basics in a fun, relaxed atmosphere. Wear comfortable clothing and, if available, a scarf or sarong to wear around the hips.

Ages: 7 and up

Fee: \$20 Resident, \$25 Non-Resident

| Date | Day | Time | Loc |
|---------------|-----|---------|-----|
| May 10-Jun 14 | M | 6pm-7pm | PMC |
| Jul 5-Aug 9 | M | 6pm-7pm | PMC |
| Aug 16-Sep 20 | M | 6pm-7pm | PMC |

BELLY DANCING — INTERMEDIATE #444205

In this class students build on fundamental dance technique, and fine tune their skills. Prerequisite: Beginning Belly dance.

Ages: 7 and up

Fee: \$20 Resident, \$25 Non-Resident

| Date | Day | Time | Loc |
|---------------|-----|---------|-----|
| May 13-Jun 17 | TH | 6pm-7pm | PMC |
| Jul 8- Aug 12 | TH | 6pm-7pm | PMC |
| Aug 19-Sep 23 | TH | 6pm-7pm | PMC |

BELLY DANCING — ADVANCED #444205

This class is for students who have moved through both the beginning and intermediate classes.

Ages: 15 and up

Fee: \$20 Resident, \$25 Non-Resident

| Date | Day | Time | Loc |
|----------------|-----|---------|-----|
| May 10-Jun 14 | M | 7pm-8pm | PMC |
| Jul 5-Aug 9 | M | 7pm-8pm | PMC |
| Aug 16- Sep 20 | M | 7pm-8pm | PMC |

BELLY DANCING — MASTER #444205

This class is for the Advanced student who wishes to progress toward becoming a professional-level dancer.

Ages: 18 and up

Fee: \$20 Resident, \$25 Non-Resident

| Date | Day | Time | Loc |
|-----------------|-----|----------|-----|
| May 13 - Jun 17 | TH | 7pm-8pm | PMC |
| Jul 8- Aug 12 | TH | 7pm- 8pm | PMC |
| Aug 19-Sep 23 | TH | 7pm-8pm | PMC |

MOM/DAUGHTER BELLY DANCE CLASS #444205

Moms and daughters can bond and exercise together.

Ages: 7 and up

Fee: \$10 each, \$15 couple

| Date | Day | Time | Loc |
|-------|-----|---------|-----|
| May 8 | SA | 1pm-2pm | PMC |

COUNTRY-WESTERN DANCING #444200

Featuring the two-step, triple step, cha cha and line dances.

Ages: 16 and up

Fee: \$20 Resident, \$25 Non-Resident

| Date | Day | Time | Loc |
|--------------|-----|---------|-----|
| May 6-May 27 | TH | 7pm-8pm | PMC |
| Jun 3-Jun 24 | TH | 7pm-8pm | PMC |
| Jul 1-Jul 29 | TH | 7pm-8pm | PMC |
| Aug 5-Aug 26 | TH | 7pm-8pm | PMC |

SWING — BEGINNER #444203

Learn basic swing dance skills, rhythms, and leading/following while learning fun basic patterns.

Ages: 15 and up

Fee: \$20 Resident, \$25 Non-Resident

| Date | Day | Time | Loc |
|------------------|-----|---------|-----|
| May 3-May 31 | M | 6pm-7pm | MAC |
| Jun 7-Jun 28 | M | 6pm-7pm | MAC |
| Jul 5-Jul 26 | M | 6pm-7pm | MAC |
| Aug 2-Aug 30 | M | 6pm-7pm | MAC |
| No class June 21 | | | |

SWING — INTERMEDIATE #444203

Ages: 15 and up

Fee: \$20 Resident, \$25 Non-Resident

| Date | Day | Time | Loc |
|-----------------|-----|---------|-----|
| May 3-May 31 | M | 7pm-8pm | MAC |
| Jun 7-Jun 28 | M | 7pm-8pm | MAC |
| Jul 5-Jul 26 | M | 7pm-8pm | MAC |
| Aug 2-Aug 30 | M | 7pm-8pm | MAC |
| No class Jun 21 | | | |

DANCE WITH THE STARS #444208

This class features American-style Waltz, Fox Trot, and Tango from basic steps to beautiful turns. Dancing to Big Band Ballroom music while learning essential techniques.

Ages: 15 and up

Fee: \$20 Resident, \$25 Non-Resident

| Date | Day | Time | Loc |
|-----------------|-----|---------|-----|
| May 5-May26 | W | 6pm-7pm | MAC |
| Jun 2-Jun 30 | W | 6pm-7pm | MAC |
| Jul 7-Jul 28 | W | 6pm-7pm | MAC |
| Aug 4-Aug25 | W | 6pm-7pm | MAC |
| No class Jun 23 | | | |

DANCE WITH THE STARS — INTERMEDIATE #444208

Ages: 15 and up

Fee: \$20 Resident, \$25 Non-Resident

| Date | Day | Time | Loc |
|-----------------|-----|---------|-----|
| May 5-May 26 | W | 7pm-8pm | MAC |
| Jun 2-Jun 30 | W | 7pm-8pm | MAC |
| Jul 7-Jul 28 | W | 7pm-8pm | MAC |
| Aug 4-Aug 25 | W | 7pm-8pm | MAC |
| No class Jun 23 | | | |

TAP DANCE...DANCE...DANCE #444207

Learn the basics to beginning tap dance and receive a nice workout while doing it.

Ages: 15 and up

Fee: \$25 Resident, \$30 Non-Resident

| Date | Day | Time | Loc |
|--------------|-----|---------------|-----|
| May 4-May 25 | T | 6:45pm-7:45pm | PMC |
| Jun 1-Jun 29 | T | 6:45pm-7:45pm | PMC |
| Jul 6-Jul 27 | T | 6:45pm-7:45pm | PMC |
| Aug 3-Aug 31 | T | 6:45pm-7:45pm | PMC |

LINE DANCING

No partners needed in this great Friday night class. Country, hip hop, and waltz are some of the dance areas that are covered.

Ages: 15 and up

Fee: Drop-in \$5 Resident, \$6 Non-Resident

| Date | Day | Time | Loc |
|--------------|-----|------------|-----|
| May 7-May 28 | F | 1pm-2:30pm | PMC |
| Jun 4-Jun 25 | F | 1pm-2:30pm | PMC |
| Jul 2-Jul 30 | F | 1pm-2:30pm | PMC |
| Aug 6-Aug 27 | F | 1pm-2:30pm | PMC |



SUMMER 2010