

ADULT ACTIVITIES

Hyland Hills Park and Recreation District — 303-428-7488 — www.hylandhills.org

Choose
Your
Fun!

GENERAL INTEREST CLASSES

CPR AND FIRST AID #444700

CPR (Cardio Pulmonary Resuscitation) and First Aid Courses are programs designed to train individuals to respond in an emergency situation with much needed skill that can ultimately save a life. Babysitters, new parents, care providers or any interested person age 16 and over can enroll. This certification is through the American Heart Association.

CPR:

M PMC 6pm-8:30pm May 5 \$20

First Aid:

M PMC 6pm-8:30pm May 12 \$20

PIANO LESSONS – YOUTH, TEENS, ADULTS #424110

We are opening classes for piano. Children teens and adults at Hyland Hills. The class will be scheduled between the hours of 4:00pm and 7:00pm on Monday or 10:00am - 12:00 noon on Saturdays. The charge is \$15 per half hour or \$30 for an hour. I recommend half hour for children under 12 and an hour for teens and adults depending on experience and need. Ages 6 and older

M PMC 4pm-7pm May, Jun, Jul, Aug \$15 half hour or \$30 hour
SA PMC 10am-12pm May, Jun, Jul, Aug \$15 half hour or \$30 hour

BOB ROSS PAINTING #444404

If you are ages 9-99 you can learn to paint the wet-on-wet way made famous by Bob Ross. You can paint a 16" x 20" oil painting on canvas in just 2 1/2 hours. Each class is a different picture. Everything is provided. Singles, families, and couples welcome. Min/Max: 4/15

SA PMC 9am-12pm May 24 \$45/\$50
SA PMC 9am-12pm Jun 21 \$45/\$50
SA PMC 9am-12pm Jul 19 \$45/\$50

CERAMICS #444501

A fun class for the beginner, intermediate, or advanced student. Learn the basics and creative techniques in ceramics. Paints and glazes are provided. In addition there are minimal fees and charges for greenware and firing. Min 3/Max 6. Drop-In: \$5 Instructor: Flora Gonzales

W PMC 12:30pm-2:30pm May 7-May 28 \$20/\$25
W PMC 12:30pm-2:30pm Jun 4-Jun 25 \$20/\$25
W PMC 12:30pm-2:30pm Jul 2-Jul 30 \$20/\$25
W PMC 12:30pm-2:30pm Aug 6-Aug 27 \$20/\$25

COUPLE CONNECTIONS #465101

Come learn how to live well, love well and marry well as we explore strategies to spice up your love life and create a relationship that is dynamic and satisfying! You will learn the science of healthy relationships through interactive and fun activities that will captivate and engage your senses! This free workshop is for those who are committed, engaged, married or long time lovers who want to enhance what they already have! This program is funded through a federal grant program, the Marry Well Organization. Min 5/Max 20

TH PMC 6pm-8pm May 8, 15, 22, 29 Free
SA PMC 8:30-4:30pm Jul 19 Free

BASIC SEWING CLASS #464110

This class is geared for the first time sewing student or someone who has perhaps has not sewn since high school. This class focuses on: how to take proper measurements, commercial pattern decoding, fabric selection, pattern layout, how to operate a sewing machine, and garment construction. Sewing machines and basic equipment will be provided. Student will receive supply list at first class and choice of projects between a bag, draw string pants or basic top. This class is taught by a Home Sewing Association Trained Sewing Educator. Min/Max: 5/12

TH PMC 6:30pm-7:30pm Jun 19-Jul 24 \$40/\$45

BASIC SEWING CLASS II #464110

This class is a continuing program from Basic Sewing. Min/Max 5/12

TH PMC 6:30pm-7:30pm Jul 31-Aug 21 \$40/\$45

FAMILY SEWING CAMP #464110

This class is similar to the basic sewing class but the entire family can partake in an entire day of fun and learn the basic concepts of sewing. A pair of shorts will be the project. Children should be 8 years of age. This class is for adults, children, male or female, 8years and older. Fee is per person. Min/max 5/20

SA PMC 9am-3pm Jul 19 \$40/\$45

VOICES SUMMER SPANISH CLASSES

For more information please call or email Melissa Martinez, Voices Language Lab Coordinator at 720-542-5357 or memartinez@adams50.org



BASIC DOG MANNERS #464106

Learn to train your dog and have fun. Skills taught include heel, sit and stay, down and stay, stand and stay, automatic sit, on-leash recall and finish, attention, bite inhibition and tricks. Dogs must have their shots and have a well fitted collar with a 6-foot leather or nylon leash. Please, no chain leashes. Do not bring your dog to the first class. Dogs must be 3 months and older. Min/Max: 5/25

M PMC 7:15pm-8:15pm May 5-Jun 9 \$50/\$55
M PMC 7:15pm-8:15pm Jun 23-Jun 28 \$50/\$55

HAIR STYLES AND BRAIDING #464100

This class is great for girls who want to change their hairstyles. Mom/Dad bring in your daughter and learn how to pull her hair back for a new hairstyle, or for all those activities like gymnastics, soccer, basketball, and dance. Learn the basics of hair braids, twists, and techniques to create new hairstyles. Please bring comb, brush, and hair ties to class. All ages welcome - 6 and up accompanied by an adult. Price is per pair. Min/Max: 5/25

TH PMC 6pm-8pm May 22 \$12/\$14
TH PMC 6pm-8pm Aug 7 \$12/\$14

SILVERSMITH WORKSHOPS #444305

Enjoy this great opportunity to work on your projects. Pre-registration is required. Punch cards are available to purchase (4 punches per month/ per card \$40). Instructor recommended. Min 5/Max 35

W Baker 6pm-9pm May, Jun, Jul, Aug
F Baker 1pm-5pm May, Jun, Jul, Aug
SU Baker 1pm-5pm May, Jun, Jul, Aug

(no class on the second Sunday of every month)

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COOKING CLASSES

Please bring an apron, containers, 2 index cards and a pencil to class. Min 5

FLORA'S PORK GREEN CHILE #444101

Make the most delicious pork green chile in Colorado. Top this cooking class off by learning how to make sopapillas. For dessert enpanadas filled with sweet meat, nuts and raisins to die for.

W PMC 6pm-8pm Jun 11 \$10/\$15

MAMA DINA'S FRESH ITALIAN MEATBALLS AND RED SAUCE

#444101

Hyland Hills has their own "Italian Countess Chef," to present to you, a zesty light red sauce and tasty homemade meatballs.

TH PMC 6pm-8pm Jun 26 \$10/\$15

CHILE RELLANOS & YUCATAN STYLE BELL PEPPER #444101

Mexican wedding cake for dessert.

W PMC 6pm-8pm Jul 16 \$10/\$15

SEMINARS

FINANCIAL WORKSHOP FOR INDIVIDUAL INVESTORS #444602

A 5 week course is being offered to assist individuals in setting financial and investment goals. This class also will provide a summary of the most common investments used by individuals in reaching their objectives. Classes meet one night a week. During this course, you will learn about: tax free investments, IRAs and business retirement plans, certificates of deposit, mutual funds, setting realistic financial goals, college planning, retirement planning and the basics of investing.

TH PMC 6:30pm-8:30pm May 8-Jun 5 Free

LONG TERM CARE WORKSHOP #444605

Prepare for the future. Caring for a parent or spouse is an act of love most people offer without hesitation. If you are not prepared, however, it can become physically and financially draining. Long term care insurance is one of the best ways to help protect the financial security of someone who needs long term care. There are many plans from which to choose. We can help determine which plan may best fit your needs.

W PMC 10:30am-11:30am Jun 18 Free
W PMC 10:30am-11:30am Jul 23 Free
W PMC 10:30am-11:30am Aug 20 Free

RETIRING SOON? WORKSHOP #444603

Don't just dream about retirement, plan for it. Our retiring soon seminar will teach you how. If you plan to retire in 5-10 years, it's more important than ever to make sure your retirement plan is on track to help you achieve the retirement lifestyle of your dreams. Our retiring soon seminar will show you how to take inventory of your current assets, determine how much income you may need during retirement and structure retirement plan distributions to best suit your unique situation.

M PMC 6:30pm-8:30pm Jun 2 Free
M PMC 6:30pm-8:30pm Jul 14 Free
M PMC 6:30pm-8:30pm Aug 4 Free

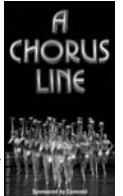
BROADWAY PRESENTS

Please call 303-428-7488 or 303-650-7514 to register for any of the theatre events. No money is needed at this time. This is a new procedure to register for these programs. Please call and reserve your event now. You will be contacted for payment at least 3 weeks before the event. Ticket pricing is subject to change.

CHORUS LINE

In an empty theatre, casting for a new Broadway musical is almost complete. For 17 dancers, this audition is the chance of a lifetime. It's what they've worked for every day of their lives. It's the one opportunity to do what they've always dreamed — to have the chance to dance. This is A Chorus Line, the musical for everyone who's ever had a dream and put it all on the line. Winner of nine Tony Awards and the Pulitzer Prize for drama, this singular sensation is the longest-running American Broadway musical ever. Min. 20

W PMC 6:30pm-10pm May 7 \$25/\$28 w/transportation



MAMMA MIA

MAMMA MIA! is the show that has audiences coming back again and again to relive the thrill. Now it's your turn to have the time of your life at this smash-hit musical that combines ABBA's greatest hits with an enchanting tale of love, laughter and friendship. Whether it's your first visit or your fourteenth, see the show that has the whole world coming back for more, because every time feels like the first time at MAMMA MIA! Min 20

W PMC 6:30pm-10pm May 28 \$25/\$28 w/transportation



SWEENEY TODD

The legendary demon barber, hell-bent on revenge, takes up with his enterprising neighbor in a delicious plot to slice their way through London's upper crust. Justice will be served—along with lush melody, audacious humor and bloody good thrills. Directed by Tony Award-winner John Doyle, with music and lyrics by Stephen Sondheim and book by Hugh Wheeler, this dazzling reinvention of a magnificent musical thriller is set to stun theatergoers as never before. Min 20

W PMC 6:30pm-10pm Jun 18 \$25/\$28 w/transportation



THE LITTLE MERMAID — MISSOULA CHILDREN'S THEATRE

A fresh look at an age-old favorite comes to the Hyland Hills District this summer when the Missoula Children's Theatre and more than 50 local students present The Little Mermaid. This musical adaptation will be presented at Westminster High School. The Little Mermaid is part of the Missoula Children's Theatre's unique international touring project and is presented locally by Hyland Hills Park & Recreation District. Tickets are \$1 and are available at the door. For more information, call Betsy Scally 303-650-7514.

F Westminster HS 6:30pm Jun 13 \$1
SA Westminster HS 11am Jun 14 \$1

